

Registration Form and Instructions for the

Kenilworth Freedom Run and Walk (5K Run/2K Walk)

(Sunday) Sept. 25, 2011

(10 a.m.)

(rain or shine)

(Registration/check-in/packet pickup: 8:30 a.m.)

Presented by the
Kenilworth Historical Society
in conjunction with the national
"America Supports You" program,
in support of the U.S. Armed Forces



This USATF-sanctioned
event starts from
and finishes at:
Kenilworth
North 21st/N. 22nd
Street Municipal
Parking Lot
(behind Kenilworth
Seniors' Center,
526 Boulevard)

Advance in-person registration can be done at:
Kenilworth Borough Clerk's Office (Kenilworth Municipal Building,
567 Boulevard) or at Especially Yours Florist (13 North 20th Street).

Registration forms may also be obtained at the Kenilworth Public
Library (548 Boulevard); on the Kenilworth Historical Society Web
site (www.kenilworthhistoricalsociety.org); on the CompuScore Web
site (<http://www.compucore.com/>) or by calling 908-709-0434.

Mail-in registration: Please send payment (check made payable to
the Kenilworth Historical Society), together with a completed registra-
tion form, to:

Kenilworth Historical Society
567 Boulevard, Kenilworth, NJ 07033

**Interested participants are strongly encouraged to register, in
advance, as early as possible, to ensure T-shirt availability.**

Directions:

From Garden State Parkway, North or South: Take Garden State Park-
way North/South to Exit 138 (marked Kenilworth-Elizabeth southbound and
Kenilworth-Roselle Park northbound). Turn left at the end of the exit ramp
onto Galloping Hill Road, which becomes the Boulevard. Proceed straight on
Boulevard. Turn right onto Michigan Ave. at traffic light. Turn left onto
Monroe Ave. and proceed to David Brearley Middle/High School (401
Monroe Ave.) on the left. **(Parking available in the school lot.) To walk to
5K/2K starting point,** exit school parking lot (rear gate), go left and proceed
on Washington Ave. to N. 21st Street. Turn right and proceed to Run/Walk
starting point (N. 22nd/N. 21st Street parking lot behind Seniors' Center, 526
Boulevard) on left. **Register/check in inside the Seniors' Center.**

From I-78 East/West: Take I-78 East/West to Exit 52 (Garden State Parkway
South). Follow directions from Garden State Parkway North/South (above).

From NJ Turnpike (I-95) North/South: Take NJ Turnpike (I-95) North/South
to Exit 14 (marked Newark Airport). After the toll booth at Exit 14, take I-78
West. Take I-78 West to Exit 52 (Garden State Parkway South). Follow direc-
tions from Garden State Parkway North/South (above).

Parking available at David Brearley School, 401 Monroe Ave. (see above)

Starting/Finishing Location:

North 21st/N. 22nd Street Parking Lot (behind Kenilworth Seniors' Center, 526 Boulevard), Kenilworth, N.J.

Registration/Check-in on Sept. 25 (inside Seniors' Center):

Registration/Check-in and Packet Pickup: beginning at 8:30 a.m.
 5K Run and 2K Walk Start: 10 a.m.
 5K Awards Presentation following race

Course:

Rolling, flat and hills, through tree-lined streets of historic, residential Kenilworth. Two water stops. Map showing 5K/2K routes will be posted in advance on Web site (www.kenilworthhistoricalsociety.org).

Eight Designated Age Groups (5K Run): 14 and under to 70 and over

Awards (5K Run):

Top Overall Male and Female Finisher
 Top Three Male and Female (each age group)

5K Run Scoring: CompuScore Computer Services

Results (same day): www.compucore.com

Amenities: T-shirts, refreshments, other

Optional monetary donations for packages of provisions to be sent to U.S. troops are welcome and may be made, in care of the Kenilworth Historical Society, at the time of registration.

Proceeds, after expenses are paid, will benefit the Kenilworth Historical Society's project to restore the 19th-century Oswald J. Nitschke House and transform it into a "living history" museum and cultural arts center.

For further information, please call: 908-709-0434

Thank you for your interest and support!

The Kenilworth Historical Society is an independent, non-profit, tax-exempt, 501 (c) (3) organization dedicated to the research, preservation and interpretation of the Oswald J. Nitschke House, local history and culture. For information, please call 908-276-9090 or visit our Web site (<http://www.kenilworthhistoricalsociety.org>).

**Kenilworth Freedom Run (5K) & Walk (2K)**

Sept. 25, 2011 (10 a.m.)

Official Registration Form (one form per participant)

Please make checks payable to the Kenilworth Historical Society and mail, together with completed registration form, to:
 Kenilworth Historical Society, 567 Boulevard/ Kenilworth, NJ 07033

Name: _____

Street Address: _____

City: _____ **State:** _____ **Zip Code:** _____

Phone: _____ **e-mail address:** _____

Male: ____ **Female:** ____ **Age (on race day):** ____ **Birth date:** ____

T-Shirt Size: Small: ____ Med.: ____ Large: ____ XL: ____ 2X: ____ 3X: ____

5K Freedom Run Registration Fees:

__ \$18: Fee for USATF members (by 9/16) Membership #: _____
 __ \$20: Advance registration fee (for non-USATF members) by 9/16
 __ \$25: Fee for all 5K registrations received after 9/16

2K Freedom Walk Registration Fees:

__ \$ 8: Advance registration fee by 9/16
 __ \$10: Fee for all 2K registrations received after 9/16

Registration fee enclosed: \$ _____
 Optional donation for packages to U.S. troops enclosed: \$ _____

Waiver/Release: In consideration of this entry being accepted, I hereby for myself, heirs, executors and administrators waive and release any claims I may have against the Borough of Kenilworth, Kenilworth Historical Society, Kenilworth Seniors' Center/Senior Citizens Club, Kenilworth Board of Education, David Brearley Middle/High School, County of Union, USATF, CompuScore, their staff, officers, volunteers, successors and assigns for injuries that may be suffered by me in this event. Further, I state that I am physically able to participate in the 9/25/11 5K Run/2K Walk.

Signature _____ **Date** _____

(Parent/guardian signature if participant is under 18 years of age)