

NEW DATE! NEW COURSE! NEW TIME!

SUNDAY, OCTOBER 30, 2011 21st ANNUAL LORD STIRLING SCHOOL AND THE AMAZING FEET RUNNING CLUB

GREAT SWAMP DEVIL RUN

5K & 15K RACES

*USATF CERTIFIED



Both races 500 PTS 15K & 5K

TIME & PLACE: 10:00 am 5 K
11:00 am 15 K
Lord Stirling School - Located on Lord Stirling Road, Basking Ridge, New Jersey
908-766-1786 www.lordstirling.org

AWARDS: Championship awards to overall female & male 15K & 5K winners. Awards in the following age groups: (Female and Male) 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 and over.
5K RACE ONLY: Awards to top two Corporate teams, and the top running club.
Participants **MUST BE PRESENT** for Post Race ceremonies to be eligible for awards.
**** EXCEPT FOR TEAM AWARDS**, participants eligible for **ONLY** one award per event.

REGISTRATION: Pre-registration entries must be RECEIVED by October 20, 2011
Corporate Teams and Running Clubs **MUST BE MAILED TOGETHER, MUST BE PRE-REGISTERED, and MUST INCLUDE AN ENTRY FEE FOR EACH RUNNER.**

Race applications can also be obtained @ www.lordstirling.org
ENTRY FEE BENEFITS The Lord Stirling School. Member, ASAH
Race day registration from 9:00 to 10:00 am.
Pre-race - \$20.00 (Long Sleeve Shirts to all registrants)
Race day entry - \$25.00
\$2.00 discount for USATF-NJ members for pre-race registration
Online registration at COMPUSCORE
Computerized scoring by COMPUSCORE
PLEASE MAKE CHECKS PAYABLE TO: **"The Lord Stirling School"**

Packet Pick-Up at
Sneaker Factory
25 Mountain View Blvd.
Suite 108
Basking Ridge, NJ 07920
10/20-22, 2011
Thurs. 11-7 Fri. 11-7
Sat. 11-7

DIRECTIONS TO RACE

FROM NORTH OR SOUTH JERSEY

Take Route 287 to North Maple Avenue, Basking Ridge Exit (30A). Stay on North Maple Avenue until you come to a fork, bear left at the fork onto South Maple Avenue. You will pass a library, horse stable and a farm stand. About 500 feet after the farm stand make a left onto Lord Stirling Road. Go to the first driveway on the right after the townhouses.

FROM EAST OR WEST JERSEY

Take Route 78 (Exit 142 on Garden State Parkway from the East). Go to Exit 36 on Route 78. Follow the sign to Basking Ridge. This is King George Road. Continue straight to the fourth light, it then becomes Stonehouse Road. Go to fork at end, bear right at fork, go under the overpass and make first right (at the light) onto Cross Road. Go to the end of Cross Road and make left onto South Maple Avenue, then make 2nd right onto Lord Stirling Road to the 1st driveway on right past the townhouses.

NO REFUNDS, EXCHANGES OR TRANSFERS

ENTRY & RELEASE FORM

Check one race only:

15K race

5K Race

Please check one: Male Female

Last Name _____

First Name _____

Mailing Address _____

Street _____

Apartment or Unit # _____

City _____

State (or County if not USA) _____

Zip Code _____

Area Code _____

Daytime Phone _____

Email Address: _____

Age on race day _____

Date of Birth ____/____/____

2011 USATF-NJ# _____