



## 5K Run & 1 Mile Family Fun Run/ Walk Saturday, October 29, 2011 Mill Hill Park, Trenton

Proceeds support the  
Alexander Michael Dodson Memorial Scholarship Fund and the  
Sudden Unexplained Death in Childhood Program

- Walkers and families welcome
- Baldasari and Leestma Race Management
- USATF Certified Course Certification # NJ10024LMB
- Post-Run Refreshments
- Awards to 5K age-categories
- Children's Activities
- 1 M participants are encouraged to wear costumes
- 7:30am – 8:45am Registration
- 9:00am Start – 5K
- 9:30am Start – 1M

**DIRECTIONS:**

*From the North:* Take Route 1 South; Right onto Market St. and turn right, Right onto S. Broad St. and left onto Front St.

*From the South:* Take Route 1 North; Exit onto Market St. and turn left, Right onto S. Broad St. and left onto Front St.

Race Details & Online Registration available at [www.alexandersrun.org](http://www.alexandersrun.org)

One form needs to be completed for each participant **(even those 5 & under)**

Pre-registrations must be received by October 19, 2011.

RAIN or SHINE

<b>First Name:</b>		<b>Last Name:</b>			
<b>Age on Race Day:</b>	<b>Date of Birth:</b>	<b>Male</b> <input type="checkbox"/>	<b>Female</b> <input type="checkbox"/>		
<b>Address Line:</b>					
<b>City:</b>		<b>State:</b>	<b>Zip Code:</b>		
<i>If Applicable, USATF-NJ# (\$2 discount):</i>					
<b>Phone:</b>		<b>E-Mail:</b>			
<b>Adult T-Shirt Size: (pre-registered 5K only)</b>		S	M	L	XL    XXL
<b>Emergency Contact:</b>			<b>Phone:</b>		

- |                                   |  |   |
|-----------------------------------|--|---|
| <b>5K REGISTRATION FEES:</b>      | Pre-Registration:    \$20 enclosed <input type="checkbox"/>                        | Race Day: \$25 <input type="checkbox"/> |
| <b>USATF Member:</b>              | Pre-Registration:    \$18 enclosed <input type="checkbox"/>                        | Race Day: \$23 <input type="checkbox"/> |
| <b>1 Mile Family Fun Run/Walk</b> | First Family Member:    \$10 <input type="checkbox"/>                              |   |
|                                   | Each Additional Family Member (6 and over):    \$5 <input type="checkbox"/>        |   |
|                                   | Each Additional Family Member (5 and under):    No charge <input type="checkbox"/> |   |

Please mail completed Entry Form and check PAYABLE TO:

Alexander's Run  
324 S. Broad Street #1  
Trenton, NJ 08608

*If you want to additionally support Alexander's Run or will not be participating in the event, your donation is appreciated.*

(Turn over to sign required waiver)



**5K Run & 1 Mile Family Fun Run/ Walk**  
**Saturday, October 29, 2011**  
**Mill Hill Park, Trenton**

**WAIVER AND RELEASE** *(Signed waiver and release required for each participant)*

I understand that my consent to these provisions is given in consideration of the acceptance of this registration and for being permitted to participate in this event. I am a voluntary participant in this event and in good physical condition. I hereby assume full and complete responsibility for any injury or accident which may occur during my participation in this event or while on the premises of this event and I hereby release and hold harmless Alexander's Run, the City of Trenton, the State of New Jersey, USATF and local USATF Association, corporate sponsors, and all other persons or entities associated with this event (including their employees or affiliates) from any claims I may have arising out of participation in this event, including personal injury or damage suffered by me or others, whether same be caused by negligence of any of the said parties' agents or employees, or otherwise. If I do not follow all the rules of this event I understand that I may be removed from the competition. I give my full permission to any of the said parties to use any photographs, videotapes or other recordings of me that are made during the course of this event.

\_\_\_\_\_  
**Participant's Signature (If Participant is under age 18, Parent/Guardian's signature) Date**

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(As of July 22, 2011)



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