



- USATF certified course (scenic rolling loop)
- D-Tag Chrono track provided by CompuScore
- Music & Post-Race Refreshments
- Awards
 - 1st, 2nd, 3rd Overall Male and Female
 - Overall Male & Female in age groups
 - Age Groups: 5 years, 18 & under to 85 & over
 - First 150 kids will receive an award



**Start Times: Family Fun Run: 9AM
5K Race: 9:30 AM
Rain or Shine Event**

Location: LaGrande Park, LaGrande Avenue, Fanwood, NJ
Directions: LaGrande Park is easily accessed by Route 22 or the Garden State Parkway @ exit 135.
 Please visit www.fanwood5k.org for complete directions.
 Parking available at Train Station on South Ave.

Entry Fee: 5K Race—\$20 Race Day—\$25 USATF-NJ—\$18 Kids Fun Run: \$10 (\$5 w/o shirt)

** All race proceeds to benefit Fanwood Recreation. Online registration closes October 20th, 2011 at midnight.*

I am entering (check only one)..... 5K Race Kids Fun Run

Register Online at <http://www.compuscore.com/fanwood5k.htm>

Make Check Payable to:
 Borough of Fanwood/Recreation
 5K Race Director
 78 Woodland Avenue
 Fanwood, NJ 07023

**Pre-Race pickup of Race # and T-shirt on Saturday, October 22nd, 4–6 PM
at LaGrande Park building. Race day registration begins 7:30 AM.**

First Name _____ MI _____ Last Name _____

Address _____ USATF Number _____

City _____ State _____ Zip _____

Birth Date _____ Age (on race day) _____ M F Home Telephone _____

_____/_____/____ _____ (____) _____-_____

E-mail _____

OFFICIAL USE ONLY

Check Shirt Size*: X-Small Small Medium Large X-Large

**Shirts guaranteed to pre-registrant prior to October 12, 2011.*

WAIVER AND RELEASE: In consideration of acceptance of this application and my being allowed to participate in the above Event, I, the undersigned, assume all risks associated with running in this Event, including but not limited to falls, contact with other participants, the effects of the weather including high heat and/or humidity, and traffic conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing of these facts, I for myself, my heirs, executors, administrators, and anyone entitled to act on my behalf, hereby waive, release and give up any and all rights and claims to damage I may have against, and agree not to sue, the Borough of Fanwood, USATF, USATF-NJ, its representatives, employees, officials, including elected officials, consultants or volunteers, all sponsors of the Event, and any others involved in the Event on the Borough of Fanwood's behalf, and their heirs, successors and assigns, with respect to any and all liability, claims, and causes of action arising out of, or related to, any bodily injury, illness, death, or property damage I suffer in connection with the Event, even though the liability may arise out of negligence or carelessness on the part of the persons or entities named in this waiver. I confirm that I am in physical condition to participate in the Event. I agree to abide by the guidelines established for the race by the Borough of Fanwood, USATF, USATF-NJ or their representatives. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. I ACKNOWLEDGE THAT I HAVE FULLY READ THIS FORM AND FULLY UNDERSTAND THE TERMS AND CONDITIONS CONTAINED HEREIN, AND UNDERSTAND THAT THIS WAIVER AND RELEASE IS A RELEASE OF ALL CLAIMS.

Participant: _____ Date: ____/____/____

For more information, visit Fanwood5k.org or contact Race Director Joseph Valente at jvrace@fanwood5k.org or (201) 725-2032.

Sponsored by the Fanwood Recreation Commission. Fanwoodrecreation.org