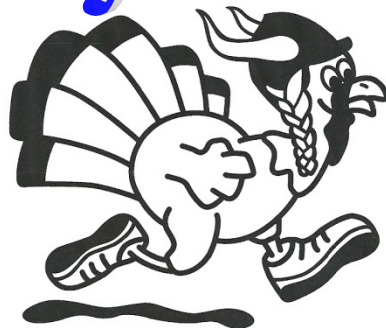


# Basking Ridge Turkey Trot 5K

Sunday  
November 20, 2011



5K Run (3.1 miles)  
1 Mile Health Walk

## and Health Walk

Show us what you've got at our Turkey Trot!! Run or Walk for WAMS

Sponsored by Basking Ridge Pediatrics, Dental Associates of Basking Ridge and The Kid Fit Program at Goryeb Children's Hospital at Morristown Memorial.

**COURSE:** USATF Certified 5K course. Professional race timing on a flat looped trail through the park, digital clocks, split times and printed race results provided & posted by CompuScore, Computer Services, [www.compuscore.com](http://www.compuscore.com).

**WHERE:** Mountain Park, Martinsville & Mountain Rds. Basking Ridge, NJ. (near The Pingry School)

**WHEN:** November 20, 2011 8:45 – 9:30 am Check-in/ 9:30 am Start 1 Mile Health Walk / 10:00am Start 5K Run.

**Pre-registration \$20 (received by Tuesday, November 1<sup>st</sup>), \$25 on race day.** Pre-registered entrants may pick up race packets from Sneaker Factory, 25 Mountainview Blvd, Basking Ridge on Friday 11/18 (11am-7pm) and Saturday 11/19 (10am – 5:30pm) or on race day at the race site. **T-shirts guaranteed to pre-registered runners and health walkers.**

**WHY:** Kick off the holiday season in a healthy way! **Entrants and spectators are encouraged to bring non-perishable foods to be donated to the Food Bank of Somerset County to help feed our community.**

**AWARDS:** To top overall male & female and top three runners in each age group in ten-year increments from 10 and under to 70 and over. No duplicate awards.

**CONTACT US:** email questions to [turkeytrot@verizon.net](mailto:turkeytrot@verizon.net)



### Basking Ridge Turkey Trot 5K Registration Form

Checks payable to: **WAMS PTO**

Mail to: Julie Keating, 139 Woods End, Basking Ridge NJ 07920

**Please Print!** One registration form per person

LASTNAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_ AGE ON RACE DAY: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_ PHONE: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_ SEX (circle one): M or F SHIRT SIZE: \_\_\_\_\_ (Adult S – XL)

Please check: \_\_\_\_\_ 5K (\$20 pre-reg./\$25 race day) \_\_\_\_\_ One mile health walk (\$20 pre-reg./\$25 race day)

I hereby waive all liability against the Basking Ridge Turkey Trot 5K, WAMS and their staff or representatives regarding my participation in the Basking Ridge Turkey Trot. I declare that I am physically fit to participate in this event. I hereby grant full permission to any and all the foregoing to use any photographs, video-tapes, motion pictures, recordings, or any other record of this event for legitimate purpose.

Signature \_\_\_\_\_ Parental Guardian consent (if under 18) \_\_\_\_\_

Date: \_\_\_\_\_ **ONLINE REGISTRATION offered at [www.compuscore.com](http://www.compuscore.com)** (look under November 2011 events)