

Lincoln Park Mayor's Wellness Campaign presents the 5th Annual
Beavertown 5K Fall Classic Run/Walk
 Proceeds to benefit LP Health & Fitness Scholarships
 and other Local Charities

What: 5k Run or 2 Mile Walk

When: Saturday, November 5, 2011 **5K begins at 9am**

Time: Registration 8am - 8:30am
 PAL/Community Ctr, 10 Boonton Tpke., Lincoln Park

Course: 5k & 2 mile walk begin on Main Street, Lincoln Park

Registration Fee: \$15 before Oct 21 \$20 after Oct 21



Trophies Awarded in the following categories for 5K Run:

Individual Categories: Under 11 * 12-14 * 15-19 * 20-29 * 30-39 * 40-49 * 50-59 * 60-69 * 70+

MAYOR'S TROPHY: awarded to 1st place team with all members live / work in Lincoln Park

Submit entry form to: Borough of Lincoln Park / Recreation, 34 Chapel Hill Road, Lincoln Park, NJ 07035
 OR register on-line at <https://register.communitypass.net/lincolnpark> and mail in your payment
 cash or check only no refunds

Registering for: (please circle one) **5K Run** **2 mile walk** Date of Birth: _____

Last Name: _____ First Name _____ Gender: _____ Age on Race Day: _____

Street: _____ City: _____ State: _____ Zip: _____

E-Mail Address: _____ Telephone # _____

Group Registration Team Name / Category: _____
 All team members must complete this section to qualify as a team / at least 3ppl for team / pre-registration only / teams must register by Oct 21

Circle T-Shirt Size: S M L XL t-shirts to first 250 registrants
 t-shirts not guaranteed on race day

Eligible for Mayor's Trophy: YES NO

WAIVER & CONSENT : I acknowledge that I am in suitable physical condition to participate in the Recreation Program that I have registered for & I hereby agree to assume any risks involved. I certify that I am fully capable of participating in this recreational sport, activity, or program & that I have no physical or mental disability that would restrict full participation. I do hereby waive, release, indemnify & agree to hold harmless the Borough of Lincoln Park, its directors, superintendents, employees & volunteers from any liability and/or for any injury that may be suffered by myself in the normal course of participation in the sport & the activities incidental thereto, whether the result of any negligence or any other cause. In the event I am unable, I grant permission to receive emergency professional medical care as deemed necessary by the Recreation Staff. I grant the Borough of Lincoln Park permission to use my photo/video images for promotional materials or inclusion on our web-site or newspaper articles YES _____ NO _____

Signature: _____ Date: _____

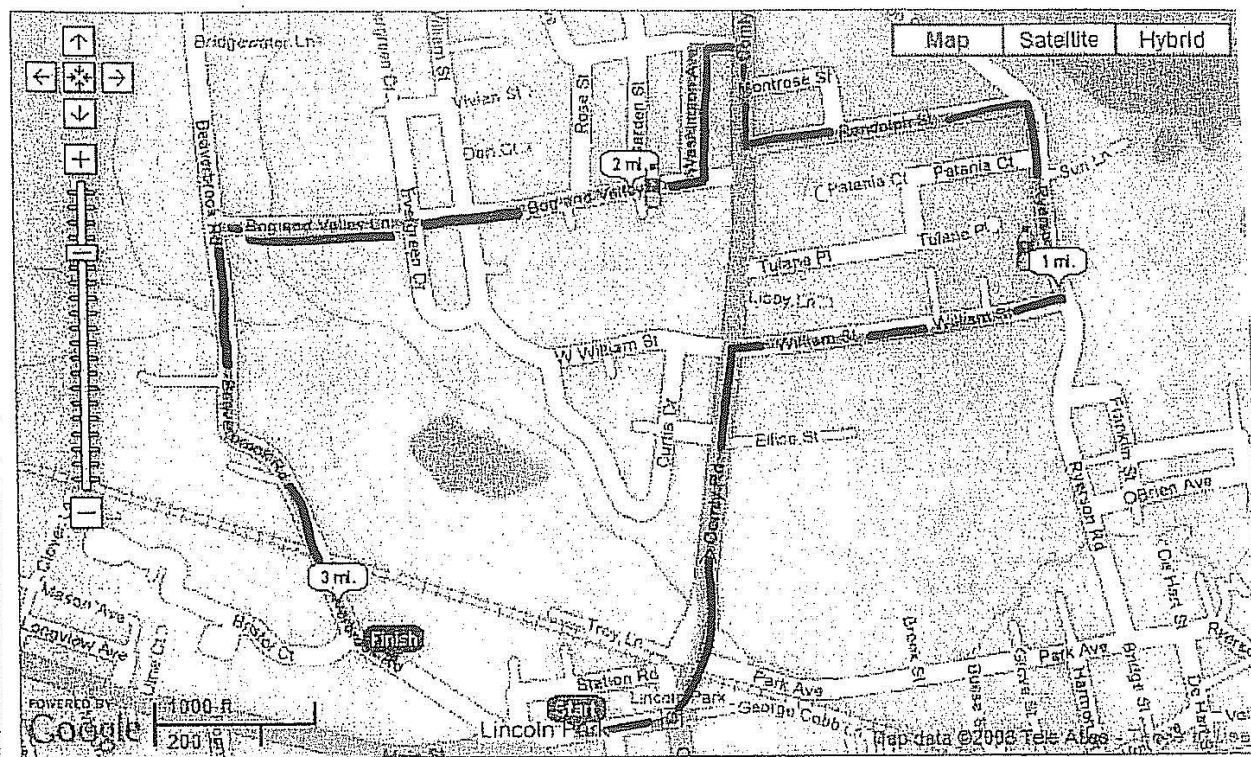
Kids, don't miss the....

Kids Main St. Dash

immediately **BEFORE** start of 5K approximately 8:45am
4-7 & 8-11 year olds
no registration required

5K Race Route

Starting Line: Main Street near St. Andrew's
Finish Line: Beaverbrook Road by Walgreen's



2-MILE WALKER'S ROUTE

eliminates William St, Ryerson Rd, Randolph St, and Washington Ave.