12th Annual
ROCKLAND COUNTY POLICE EMERALD SOCIETY 5K RUN/WALK
SUNDAY MAY 1, 2011
10:00 a.m. START

Proceeds to Benefit Widow's and Orphan's Fund

FEATURES:
- ♣ SCENIC COURSE THROUGH VILLAGE OF PIERMONT
- ♣ BEGINNING AND ENDING AT FLYWHEEL PARK, PIERMONT
- ♣ FAST FLAT 5K COURSE
- ♣ COMPUTER CHIP SCORING
- ♣ SPLIT TIMES EACH MILE: DIGITAL CLOCK AT THE FINISH
- ♣ WATER STATION AT END OF PIER, AND FINISH
- ♣ COMPUTERIZED RACE RESULTS
- ♣ T-SHIRT TO ALL PRE-REGISTRANTS
- ♣ ROCKLAND COUNTY POLICE EMERALD SOCIETY PIPERS ON COURSE
- ♣ RACE RESULTS WILL BE MAILED

AWARDS:
- ♣OVERALL CHAMPION (MALE & FEMALE)
- ♣TOP 3 LAW ENFORCEMENT MEMBERS (MALE & FEMALE)
- ♣TOP 3 FINISHERS (MALE & FEMALE) IN EACH AGE GROUP
- ♣AGE GROUP AWARDS (9 & under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59,60-69, 70+)

PRE-REGISTRATION:
- ♣PLEASE PRE-REGISTER BY MAIL PRIOR TO APRIL 26, 2010
- ♣ONLY PRE-REGISTRANTS ARE GUARANTEED T-SHIRTS
- ♣FEE $25.00 FOR 5K RUN/WALK. MAKE CHECK PAYABLE TO RCPES 5K

MAIL CHECK AND COMPLETED APPLICATION TO:

ROCKLAND COUNTY POLICE EMERALD SOCIETY 5K
PO BOX 371
PIERMONT, NY 10968

RACE DAY SCHEDULE / REGISTRATION:
- ♣ 8:30-9:30 am CHECK IN FOR 5K RUN/WALK AT FLYWHEEL PARK.
- ♣ FEE $30.00 ON RACE DAY AT FLYWHEEL PARK.
- ♣ AWARD CEREMONY AT CONCLUSION OF RACE AT FLYWHEEL PARK.
- ♣ PLEASE NO BIKING, ROLLERBLADES, BABY JOGGERS, OR PETS ALLOWED ON THE COURSE

FOR ADDITIONAL INFORMATION PLEASE CONTACT
- ♣ For Online Registration: www.compuscore.com
- ♣ Rockland County PBA website (rcpba.org)

Last Name **Please Print in boxes** First Name

Address

Town, City, State, Zip

Phone #: Age on day of race: DOB: Sex: T-Shirt Size:

___ **Please Circle**: 5K Run 5K Walk MOS Donation

WAIVER: Please read the following and sign: In consideration of your accepting this entry, I the undersigned intending to be legally bound, hear-by, for myself my heirs and executors and administrators waive and release, the Rockland County Emerald Society Inc. Road Race Committee, the Incorporated Village of Piermont, Piermont Commons Realty LLC, the Rockland County Police Emerald Society Inc. and any and all donors or charitable recipients and/or their representatives, successors and assigns for any and all injuries suffered by me in said event., any and all rights and claims for damages I may acquire as a result of my participation in this event, I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor.

Signature Date Parent Signature (If Under 18)