

## [REGISTER NOW](#)

### Pre-Registration Fees:

Must be Post Marked 5 days prior to the 1<sup>st</sup> race.

- \$5/race: under 18, MCS & USATF-NJ members
- \$8/race 18+ and Non-Members
- \$19 by 6/29 for all four races for under 18, MCS & USATF-NJ members
- \$30 by 6/29 for all four races Non Members

### Race Day Fees:

- \$8/race under 18, MCS & USATF-NJ members
- \$10/race 18+ and Non-Members

Make Checks payable and mail to:

Morris County Striders  
7 Heritage Court  
Towaco, NJ 07082

## [AWARDS](#)

Top 3 Male & Female Overall winners

Youth Division:

10 & under, 11/12, 13/14, 15/16, 17-19.

Open Division: 20 to 34, 35 to 39 and

All Masters (40 & over) five-year age groups.

## [TIMING & SCORING](#)

by CompuScore

[www.compucore.com](http://www.compucore.com)

Awards for each race and entire series.

Must compete in 3 of 4 races for series awards.



Morris County Striders  
7 Heritage Court  
Towaco, NJ 07082

## 2011 Morris County Striders Summer Series 5k Cross Country Races

July 5 - July 19 - August 2 - August 9

Tuesday Evenings at 7pm  
Rain or Shine

Johanson Field, 353 Powerville Road,  
Boonton Township, NJ

*Hosted by the Morris County Striders  
in cooperation with the Boonton  
Township Recreation Department*

**Each Race is a  
USATF sanctioned  
500 point Cross-Country Series  
Event**

**Race hotline: 973-263-5529**

**[www.morriscountystriders.com](http://www.morriscountystriders.com)**

## 2011 MCS Summer Series

**July 5 – July 19 – August 2 –  
August 9  
Tuesday Nights 7pm  
Rain or Shine  
Check-in: 6:00 - 6:50pm**

Check-in / Staging Area is at the  
Johanson Field, 353 Powerville Road,  
Boonton Twp.

Race begins promptly at 7:00pm

This is a cross-country race on the grass  
around the ball fields at Johanson Field.  
This no-frills race series (no T-shirts) is  
designed to add fun to summer running  
and to prepare youth for fall cross-country  
competitions.

Absolutely no baby strollers, dogs, or  
headphones allowed in the race.

Pizza and cold beverages provided after  
the race.

No alcohol is allowed in the park.

## DIRECTIONS

See [www.morriscountystriders.com](http://www.morriscountystriders.com)  
for a link to personalized directions  
from your home or office.

Each race is a USATF-NJ sanctioned  
500 point Cross-Country Series Event.

## 2011 MCS SUMMER SERIES REGISTRATION FORM

Name: \_\_\_\_\_  
Last First

Address: \_\_\_\_\_  
Street Town State Zip

Gender: M \_\_\_\_\_ F \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_  
MM DD YY

2011 USATF-NJ #: \_\_\_\_\_ Daytime phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
Area Number

Email Address: \_\_\_\_\_

Race entry for: July 5 \_\_\_\_\_ July 19 \_\_\_\_\_ August 2 \_\_\_\_\_ Aug 9 \_\_\_\_\_

	<u>Age 17 &amp; Under, MCS, USATF-NJ</u>	<u>Age 18+</u>
<b>Pre-Registration (by June 29th):</b>		
<input type="checkbox"/> 5k Single Race	\$5	\$8
<input type="checkbox"/> 5k Series (4 Races)	\$19	\$30
<b>Post-Registration &amp; Race Day:</b>		
<input type="checkbox"/> 5k Single Race	\$8	\$10
<b>Total Amount Enclosed: \$</b> _____		

I, the undersigned, know that cross-country running is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official. I assume all risks associated with running including but not limited to falls, effects of heat and humidity, conditions of the course. I hereby for myself, my heirs, executors and administrators, waive any and all claims for damages against the Morris County Striders, USATF, USAFT-NJ, Boonton Township, Boonton Township Recreation Department, the representatives, successors of assigns of these organizations volunteers and all sponsors for any injuries that may be suffered by me in this event even though that liability may arise out of negligence on the part of the persons named in this waiver. I further give rights and reproduction for publicity use of all photos taken of me at this event.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
(Must be signed by parent/guardian if under 18)