



Main Street 5K Festival AND BUSINESS EXPO & 10K



To Benefit: Community Volunteer Organizations

Saturday, April 23, 2011

Fieldhouse at Sparta Athletic Club

115 Sparta Ave. Sparta, NJ 07871

8:00 AM-12:00 PM -ACTIVITIES, 5K, PRIZES, SILENT AUCTION, FOOD, AWARDS & BUSINESS EXPO

◆ **9:30 AM** – 5K & 10K Start (New this year!) ◆



TROPHIES FOR TOP 3 OVERALL MALE & FEMALE 5K & 10K PARTICIPANTS
TOP 3 LARGEST & FASTEST TEAM PRIZES - TEAM APPLICATIONS MUST BE RECEIVED BY APRIL 17TH
TEAMS MUST BE REPRESENTED BY 5 OR MORE RUNNERS OR WALKERS

Over 60 Individual Age Group Medals 7 Yrs through 80+ (10 Yr Age Groups for 5K/10K)

*5K/ 10K Runner/Walkers receive T-shirt & Great Goody Bag while supplies last
Packet Pickup is available at the Fieldhouse either Friday 4/22 from 5 – 8 p.m. or Race Day*

5K FEE: \$20 EARLY REGISTRATION (if received by March 31st)

\$25 REGISTRATION (if received by April 22nd)

\$30 RACE DAY REGISTRATION (April 23rd)

2011 USATF-NJ ATHLETES save \$2 only if received by April 14TH

ATM located next door at Lakeland Bank for cash access



No pets allowed in the buildings.

Only sneakers or flat shoes are allowed in the Fieldhouse

Online Registration, directions visit: www.MainStreetEvents.org or call 973-222-8748

Chip Timing by Compuscore

Shirt size S M L XL XXL

5K Run-Walk ____/10K Run ____ Age on Race Day ____ Birth date ____/____/____ Male ____ Female ____ **Bib #** ____

Last Name _____ First Name _____

Street _____ City _____ State ____ Zip _____

Phone _____ E-mail _____

2011 USATF-NJ# _____ Grand Prix Scoring only Est. Finish Time _____

Occupation _____

Company/Business Name _____

Team _____ Team Captain _____

5K Run/Walk \$ _____

10K Run Only \$ _____

TOTAL Enclosed \$ _____

ENCLOSED PAYMENT: Cash _____ Check _____ Check # _____

In Consideration of your acceptance in the Main Street 5K/10K Festival and Business Expo, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administration, waive and release any and all rights and claims for damages, and hold harmless, any sponsoring organization (Main Street Events, Main Street Marketing & Events, Fieldhouse at Sparta, Sparta Athletic Club, Sparta Township, Sussex County, Faith Baptist Church, Sparta United Methodist Church, and co-sponsors, their representatives, successors, agents, servants or employees, and assignees for any and all injuries suffered by me in said run. I recognize that I must be in good health and of sufficient training and experience in order to participate, and state furthermore, that my ability to participate in and successfully compete in this event has been attested to by a qualified physician or certified fitness consultant. I hereby grant permission to Main Street Events to use photos that may include myself for promotion and publicity; and understand that if the Run cannot be held due to an act of God or circumstances beyond control, the Main Street 5K/10K event is not liable to refund any money paid by me to participate. With my signature, I acknowledge that I have read and accept these terms under which my entry is made.

Signature _____ Date _____ **Checks payable to: Main Street Events**

**P.O. Box 863
Sparta, NJ 07871**

Signature _____ Date _____

(Parent or guardian if under 18)