



# 5 K RUN

2 MILE WALK / TOT TROT

**OCTOBER 24, 2010**

**1:00 PM Village Green (Broad and Maple Streets)  
Summit, New Jersey**

**Memorial Event for Dr. Eric Munoz, a long time  
Y member and NJ State Assemblyman.**

## **A benefit for the Summit Area YMCA Community Outreach Programs**

**REGISTRATION:** To enter, fill out and sign the application below, return it with entry fee to Alice Stein, Summit YMCA, 67 Maple Street, Summit NJ 07901. Pre-registration deadline is October 20. **Or register on line at [www.active.com](http://www.active.com)**

**ENTRY FEES:** Pre-registration, by October 20, \$22.00. Pre-registration, by October 20 for USATF Members, \$20.00. Post registration, 11:00 am to 12:30 pm on race day, \$25.00. Tot Trot Fee \$3.00.  
**Make checks payable to Summit YMCA.**

**AWARDS:** Awards will be given to 1st, 2nd, and 3rd male and female runners. 1st male and female Summit Y member. 1st, 2nd, 3rd, male and female in each age group: 10 and under, 11-14, 5 year age increments to age 80 plus. All Tot Trot participants receive ribbons.

**AMENITIES:** Long Sleeve T-shirts to all 5 K Run and 2 Mile Walk pre-registrants and post registrants while supplies last. Live music, snacks, beverages.

**COURSE and LOCATION:** USATF certified. Scenic Summit neighborhoods, rolling hills and flats. Race begins at Summit Village Green, Summit NJ. Parking available at the Broad Street Garage, Summit Ave and Broad St.

**RACE DAY SCHEDULE:** Post Registration 11:00 am to 12:30 pm.  
5K Race start 1:00 pm. Tot Trot start 12:30 pm. 2 mile walk start 1:15 pm.  
For more information contact,  
Alice Stein, Summit YMCA, 908-273-3330, x 152.  
[alicestein@summitymca.org](mailto:alicestein@summitymca.org) or visit [www.summitareaymca.org](http://www.summitareaymca.org).



### **USATF-NJ 500 Point Grand Prix Event**

## **Official Entry Form - Summit Y 5K, 2 mile walk, Tot Trot - October 24, 2010**

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_ DOB \_\_\_\_\_

Age on race day \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ 2010 USATF Number \_\_\_\_\_

Summit Y Member \_\_\_\_\_ Event: 5K Run \_\_\_\_\_ 2 Mile Walk \_\_\_\_\_ Tot Trot \_\_\_\_\_

T-Shirt: Small \_\_\_\_\_ Med \_\_\_\_\_ Large \_\_\_\_\_ Extra Large \_\_\_\_\_ Emergency Contact \_\_\_\_\_

**Waiver/ publicity release:** I, the undersigned, know that running is a potentially hazardous activity. I should not enter unless I am medically able to properly train. Having read this waiver and knowing these facts and in consideration of my entry, I for myself & anyone entitled to act on my behalf, waive and release the City of Summit, County of Union, Summit Area YMCA, all their sponsors, representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of persons named in this waiver. I grant permission to all the foregoing to use my photographs, motion pictures, recording or any other record of this event for any innate purposes. By signing my name below, I certify that I have read ll terms and condition of this release and do intend to be legally bound thereby.

Signature \_\_\_\_\_ Parent signature if under 18 \_\_\_\_\_

Our YMCA is one of the area's largest nonprofits. No one is turned away from life-enhancing YMCA programs because of the inability to pay. If you need financial assistance, ask any Y staff member how to apply. If you can help us help others, visit our website [www.summitareaymca.org](http://www.summitareaymca.org).