

FANWOOD 5K



& FAMILY FUN RUN

Sunday, October 24, 2010 • Start Times: Family Fun Run: 9AM , 5K Race: 9:30 AM
Rain or Shine Event



- USATF certified course (scenic rolling loop)
- Family Fun Run Sponsored by The Goddard School
- All timing & scoring done by CompuScore
- Music & Post-Race Refreshments
- Awards
 - 1st, 2nd, 3rd Overall Male and Female
 - Overall Male & Female in age groups
 - Age Groups: 5 years, 18 & under to 80 & Over
 - First 150 kids will receive an award



Location: LaGrande Park, LaGrande Avenue, Fanwood, NJ

Directions: LaGrande Park is easily accessed by Route 22 or the Garden State Parkway @ exit 135. Please visit www.fanwood5k.org for complete directions

Entry Fee: 5K Race \$20.00 USATF-NJ: \$18.00 Kids Fun Run: \$10.00 (\$5 w/o shirt)

**Race Day Registration Possible with \$5 administration fee. All race proceeds to benefit Fanwood Recreation.*

I am entering (check only one)..... 5K Race Kids Fun Run

Register Online at <http://www.compuscore.com/fanwood5k.htm>

Make Check Payable to:
 Borough of Fanwood/Recreation
 5K Race Director
 78 Woodland Avenue
 Fanwood, NJ 07023

You will receive your race number and information packet the day of the race. Race day registration begins 7:30 a.m.

First Name _____ MI _____ Last Name _____

Address _____ USATF Number _____

City _____ State _____ Zip _____

Birth Date ____/____/____ Age (on race day) _____ M F Home Telephone (____) _____-____

E-mail _____

Check Shirt Size: Small Medium Large X-Large

OFFICIAL USE ONLY

**Shirts guaranteed to pre-registrant prior to October 14, 2010*

WAIVER AND RELEASE: In consideration of acceptance of this application and my being allowed to participate in the above Event, I, the undersigned, assume all risks associated with running in this Event, including but not limited to falls, contact with other participants, the effects of the weather including high heat and/or humidity, and traffic conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing of these facts, I for myself, my heirs, executors, administrators, and anyone entitled to act on my behalf, hereby waive, release and give up any and all rights and claims to damage I may have against, and agree not to sue, the Borough of Fanwood, USATF, USATF-NJ, its representatives, employees, officials, including elected officials, consultants or volunteers, all sponsors of the Event, and any others involved in the Event on the Borough of Fanwood's behalf, and their heirs, successors and assigns, with respect to any and all liability, claims, and causes of action arising out of, or related to, any bodily injury, illness, death, or property damage I suffer in connection with the Event, even though the liability may arise out of negligence or carelessness on the part of the persons or entities named in this waiver. I confirm that I am in physical condition to participate in the Event. I agree to abide by the guidelines established for the race by the Borough of Fanwood, USATF, USATF-NJ or their representatives. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. I ACKNOWLEDGE THAT I HAVE FULLY READ THIS FORM AND FULLY UNDERSTAND THE TERMS AND CONDITIONS CONTAINED HEREIN, AND UNDERSTAND THAT THIS WAIVER AND RELEASE IS A RELEASE OF ALL CLAIMS.

Participant: _____ Date: ____/____/____
(or parent/guardian if under 18 years of age)

**For more information, visit Fanwood5k.org or contact Race Director Joseph Valente at jvrace@fanwood5k.org or (201) 725-2032.
 Sponsored by the Fanwood Recreation Commission. Fanwoodrecreation.org**