

AMBS Reindeer Run

9th Annual 5K Run & 1 Mile Fun Run

Saturday December 4, 2010

AMBS
Reindeer Run



Location:

Academy of the Most Blessed Sacrament
785 Franklin Lake Road, Franklin Lakes, NJ, 07417

Registration: By mail or online at

www.amsreindeerrun.com or www.ACTIVE.com,
www.AMBS.org or www.RaceForum.com/Reindeer

Schedule:

Registration: December 4th 5:30 p.m. - 7:00 p.m.
December 5th 8:00 a.m.

5K Run: 9:30 a.m.

USATF certified

USATF New Jersey 500 Point Grand Prix Event

1 Mile Fun Run: 10:30 a.m.

Awards Presentation: 10:45 a.m.

Top 1, 2, 3 overall, male and female and in 5 year
age groups. Ribbons for Fun Run participants.

Amenities: DJ & Refreshments in a family friendly
environment. Custom T-shirts for 5K and Fun Run

Indoor registration and festivities.

Academy of the Most Blessed Sacrament

785 Franklin Lake Road, Franklin Lakes, NJ



For Additional Information:
www.amsreindeerrun.com
www.OYMP.net

or

Call 973-508-3601

Please make checks payable to:

AMBS- HAP Reindeer Run

P.O. Box 434, Franklin Lakes, NJ 07417

Event Entry Fee

5K \$25 by 11/29
 \$23 USATF by 11/29
 \$30 after 11/29

Fun Run \$10



Directions: Route 287 (N or S) - Exit 59 (Franklin Lakes/Route 208) - Exit High Mountain Road/Colonial Road) - Left at bottom of exit ramp -
AMBS 1mile on left Garden State Parkway (N or S) to Route 4 to Route 208 - Exit Ewing Avenue - Left onto Ewing- First Light Right onto
Franklin Lake Road - AMBS 1/2 mile on right

Official Entry Form

Are you a returning runner? Yes No

2010

Reindeer Run

last name

first name

street

city

state

zip

phone

date of birth

age on race day

2010 USATF#

email: _____ sex: _____ Event Entered: 5K Fun Run

In consideration of this entry being accepted, I hereby for myself, heirs, executors and administrators, waive and release any claims I may have against Most Blessed Sacrament Church and Academy, Borough of Franklin Lakes and On Your Mark Productions for injury or damage which may occur due to my participation in this race.

Signature (parent or guardian if under 18) date _____

Direct Link to Online Registration www.RaceForum.com/Reindeer

