



KNIGHTS OF COLUMBUS

IN SERVICE TO ONE. IN SERVICE TO ALL.

Our Lady of the Magnificat Council #14493

5K TURKEY TROT

Race Day-Sunday November 21, 2010

Start Time: 1:00PM

Check one box below:

- 5k Road Race:** Entry Fee is \$25.00 (3.1 mi.)
- Fitness Walk:** Entry Fee is \$25.00 (1 mi.)
- Kids Fun Run:** **FREE** (8 years and under)

What is your T-shirt size? (check one box below)

- Sm. Med. Lg. XL

Make checks payable to: OLM Knights of Columbus #14493

Mail checks and entry forms to:

Dr. Paul F. Marston

Marston Chiropractic

Integrated Medicine & Physical Therapy

1574 Route 23 North

Butler, NJ 07405

Name (please print) (Only one entry per person)

Last _____ First _____ M.I. _____

Street _____ City _____ State _____ Zip _____

Daytime Phone: _____ Email: _____

Male _____ Female _____ Date of Birth _____ / _____ / _____ Age _____

WAIVER (Read before Signing)

I know that participation in this event is a potentially hazardous activity. I will not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of any race official as to my ability to safely complete the event. I assume all risks associated with this event, including but not limited to falls, contact with other participants, effects of weather including high heat and humidity, traffic and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release OLM Knights of Columbus, the town of Kinnelon, race officials, volunteers, and all the sponsors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purposes. I know that dogs, bicycles, in-line skates, baby strollers, and baby joggers are not allowed on this course.

_____ Signature of Athlete (Parent's Signature if under 18 years of age)

_____/_____/_____ Date

Register On-line: www.active.com Search Things to do: 5k Turkey Trot, Kinnelon, NJ 11/21/10