



Registration: 10:30 a.m.

1 Mile Fun Run/Walk: 12:00 noon

5K Race: 12:30 p.m.

Awards Ceremony
immediately following
5K Race

1 Mile Fun Run/Walk

Awards for the top three
male and female finishers
under the age of 13.

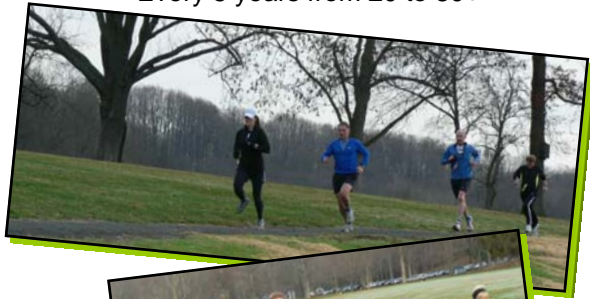
5K Race

Awards for the top three
male and female runners overall

Age group awards for top three
male and female runners:

- 14 years and under
- 15 -19 years

Every 5 years from 20 to 80+



beyond-the-walls.org/5K

Entry

Pre-registration:

Must be postmarked/registered online by 11/10/10.

1 Mile Fun Run/Walk	\$12
5K Race	\$22
USATF member	\$18

After November 10:

1 Mile Fun Run/Walk	\$15
5K Race	\$27

5K entrants who **register by November 1** will receive an official event t-shirt. 5K entrants who register after November 1 will receive a t-shirt while supplies last. 1 Mile Walk entrants and spectators will be able to purchase t-shirts while supplies last.

The Course

Enjoy a run through beautiful Natirar Park in scenic Somerset County, New Jersey. Our 5K is a challenging USATF Certified, USATF-NBGP 500-Point event with water stops and mile clocks. For the results of your run, you can check compuscore.com, or get your results at the finish line.

Directions

From the North:

287 South to exit 22, Route 206 North towards Bedminster/Pluckemin. Right on to CR 523 (Lamington Road), left on to Peapack Road, entrance is 1 mile on the right.

From the South:

Route 287 North to exit 22B, Route 206 North toward Bedminster/Netcong, follow above.

From the West:

Route 80 East to Exit 27A, Route 206 South toward Somerville, left on Pottersville Road, right on CR 512 (Main Street; this becomes Peapack Road), left into entrance.

From the East:

Garden State Parkway to Route 80 West to Exit 43, Route 287 South, follow from above.

There will be volunteers throughout to assist with parking. In case of inclement weather, please allow extra time.

Registration

Registration and race information are also available online at compuscore.com

Name _____ Age on race day _____ Sex: M F

Street Address _____ 10-digit number _____

Town _____ State _____ Zip _____ Date of Birth _____

E-mail Address _____ Phone _____

Registering for: 1 Mile Fun Run/Walk 5K T-Shirt : Adult S M L XL Youth S M L

Techno shirt - \$25 (must be ordered by November 1): Adult S M L XL

In consideration of your accepting this entry, I hereby waive and release any and all rights and claims to damage I may have against the race officials, Beyond the Walls, Natirar, the town of Peapack, staff, and their representatives for any and all injuries sustained by me in this event.

Signature of entrant or parent's signature if under 18: _____
I enclose a check for \$ _____

Make check payable to Beyond the Walls. Mail to P.O. Box 525, Mendham, NJ 07945



Beyond the Walls is a nonprofit organization dedicated to making substantial long-term impact in the lives of the poor and disadvantaged through focused opportunities in our communities, our country and the world. We believe meaningful impact is achieved by focusing on the physical, relational and spiritual needs of those we serve. This holistic approach addresses a variety of needs: education, food, housing, medical care, micro-enterprise, job training, and mentoring.

In addition, **Beyond the Walls** exists to encourage, empower and inspire volunteers "to whom much is given" to be the agents of change in these under-resourced communities by connecting them to relational, hands-on service.

beyond-the-walls.org

Natirar

Natirar is a 411-acre property located in the scenic hills of Somerset County within the municipalities of Peapack/Gladstone, Far Hills and Bedminster.

Formerly the estate of Kate Macy Ladd and Walter Graeme Ladd, the property is rich in culture and history, featuring extensive areas of lawn and woodland, river access, scenic views historic farm buildings, and residential structures and out-buildings dating from the mid-18th through mid-19th centuries.

The North Branch of the Raritan River and the Peapack Brook traverse the property. For more information, visit www.natirar.com.

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NJ Bar & Grill - Mine Hill

ShopRite of Chester

Mendham Garden Center



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5K & 1 Mile Fun Run/Walk

Saturday
November 20, 2010

at **Natirar**
"crown jewel
of New Jersey's
open spaces"

Peapack Road
Peapack, NJ

