FITNESS + FUN + FAMILY

2010 rubin run

Kaplen JCC on the Palisades

USA TRACK & FIELD NEW JERSEY
North Jersey
New Jersey Grand Prix Event 500 Points

Sunday, May 9
Mother's Day

Register online at **www.active.com**

Tenafly, New Jersey — 10K Run + 5K Run/Walk

Continental Breakfast + Kids Carnival 10am-12pm
Pristine tree-lined course | **Great giveaways** | CompuScore timing
Free Babysitting available 8:30 am - noon | **Trophies to the top three winners in each age category** | Medals for child runners under 10

Packet Pick-up
Thursday, May 6, 10 am - 8 pm **OR** Friday, May 7, 9 am - 4 pm

Race Day Check-In & Registration
10K 7:30 am - 8:30 am **5K** 8:30 am - 9:30 am

Race Schedule (Rain or Shine)
10K 8:45 am sharp **5K** 10 am sharp

Info: call **Irene 201.408.1472,** fax 201.569.7448
or email irene@jccotp.org

2010 Rubin *Run* Entry Form

Direct Link to ▶ Register at: www.RaceForum.com/Rubin

Return this form + check payable to: Kaplen **JCC on the Palisades** 411 E. Clinton Avenue, Tenafly, NJ 07670 | www.jccotp.org

❑ **10K Run** ❑ **5K Run/Walk** ❑ **$20 Early Registration (Postmarked by May 3)** prizes for registrants if postmarked by May 3 ❑ **$25 Late Registration (May 3-May 9)** including race day registration

❑ **Male** ❑ **Female** ❑ **Individual** **Team Name**_____ ❑ **JCC Member** ❑ **Nonmember**

All teams must report to registration table at least 15 minutes prior to race start.

Last Name **First Name** **2010 USATF NJ Number (For NBGP only) - $2 Pre-Entry Discount**

E-mail **Phone** **Date of Birth** **Age (as of race date)**

Address **City** **State** **Zip**

RELEASE FORM: In consideration of this entry being accepted, I hereby for myself, heirs, executors, and administrators, waive and release any claim I may have against the Kaplen JCC on the Palisades, the Boroughs of Tenafly, Englewood, Englewood Cliffs, its officers and directors, the organizing committee, the sponsoring organizations, the county of Bergen or their representatives, successors, or assignees for any injury that may be suffered by me at or in this event.

Date **Your Signature** **Parent's Signature of consent (if entrant is under 18)**

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Downloaded from CompuScore www.compuscore.com