

City of Newark
Department of Neighborhood & Recreational Services
Division of Recreation/Cultural Affairs
35TH ANNUAL NEWARK DISTANCE CLASSIC
Sunday, March 21, 2010
5K & 20K



20K AND 5k USATF-NJ Certified-Mile Markers Each Mile
9:00 AM: Mighty Miler 1 Mile Run
9:30 AM: 5k & 20k Start
Pre-Registration: \$20.00 (Postmarked by March 15, 2010)
 Current USATF-NJ members \$2.00 Discount
Post Registration: \$25.00 for ALL

20K Awards

**Top Overall M & F
Unrestricted)**

1st Place: \$2,500
 2nd Place: \$1,500
 3rd Place: \$1,000

**Top Overall M & F
USATF-NJ only****

1st Place: \$2,500
 2nd Place: \$1,500
 3rd Place: \$1,000

**Masters M & F
USATF-NJ only****

1st Place: \$2,500
 2nd Place: \$1,500
 3rd Place: \$1,000

***(Masters awards determined using WMA Tables)**

**** (Must be current USATF-NJ Member)**

20K Age Division Awards

19 & under; 20-29; 30-39; and all masters 5 year age divisions

5K Awards

Top 3 Male & Female Overall: Top 3 in the following Age Divisions: 14 & Under; 15-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70-79; 80 & Over

MAKE CHECKS PAYABLE TO: DIVISION OF RECREATION/CULTURAL AFFAIRS

Mail to: Dept. of Neighborhood & Recreational Services; Attn: Miriam Santiago
920 Broad St., Rm. 216, Newark, NJ 07102

Last Name: _____ First Name: _____

Address: _____

City: _____ State: _____ Zip: _____ Gender: M or F

Age: _____ DOB: _____ 2010 USATF#: _____ Size: S M L XL

Email: _____ Race entry 20K 5K Team

I, the undersigned, intending to be legally bound for myself, heirs, executors and administrators, waive and release any and all rights and claims for damages and injury I may have against the City of Newark, NJ and the Division of Recreation/Cultural Affairs and their agents, servants, successors and all other persons or entities involved in promoting or staging of the Newark Distance Classic. I attest and verify that I am physically fit and have trained sufficiently for this event to be held on Sunday March 21, 2010 in Newark, NJ.

Signature: _____ Parents Signature if under 18: _____

MUST HAVE VALID SOCIAL SECURITY NUMBER TO BE ELIGIBLE FOR MONETARY AWARD