

# Linden Mayor's Challenge

## 5K Race & Fun Walk

### Sunday, March 21 Schedule:

Registration .....8:30 am  
 Fun Walk .....9:30 am  
 5K Race .....10:00 am

### Registration:

By mail, in person at the Mayor's office or at [www.active.com](http://www.active.com)

### Fees:

5K: \$20 by 3/17; \$25 thereafter and on race day; \$15 for high school students  
 Fun Walk: \$10

**Scoring:** [www.compuscore.com](http://www.compuscore.com)

**Awards:** Trophies to top 3 male and female finishers, medals for 5-year age groups: 14 & under to 70 & over

**Info:** [www.linden-nj.org](http://www.linden-nj.org)  
[www.compuscore.com](http://www.compuscore.com)  
[www.active.com](http://www.active.com)



Sponsored by Mayor Richard J. Gerbounka and the Linden Cultural & Heritage Committee

All proceeds from this event to support the Linden High School NJROTC

***Sunday, March 21, 2010***  
***Tiger Stadium, Linden, NJ***  
***West Curtis & DeWitt Streets***

Spaghetti dinner (\$10) at 6:00 pm Saturday, March 20 at JTG Center, 330 Helen St.

**2010 LINDEN MAYOR'S CHALLENGE** Entry Form – Each participant must complete an entry form

_____	_____
Last name	First name
_____	_____
Street	City, State, Zip
_____	_____
Phone number	e-mail
Age on race day: _____	<input type="checkbox"/> Female <input type="checkbox"/> Male

**RELEASE AND HOLD HARMLESS AGREEMENT:** In consideration of the acceptance of my application to enter the "Linden Mayor's Challenge 5K Race & Fun Walk" I, my heirs, executor/trix, administrator/trix, successors and assigns do hereby forever release and hold harmless the City of Linden, its agents, servants and employees, from any and all claims for personal injuries or property damage of any type whatsoever which is in any way related to my participation in said activity. I recognize that participation in such activity may be inherently dangerous and I represent that I have been certified by a physician to be in sufficiently good health to enable me to participate in this activity without exposing me to any undue health-related dangers. In addition, in consideration of the acceptance of my application to enter the "Linden Mayor's Challenge 5K Race & Fun Walk" I hereby give my permission for the use of my name and/or photograph in any newspaper, broadcast, video, telecast, or other written or visual account of the event.

_____	_____
Signature (parent/guardian if under 18)	Date

Please make checks payable to:  
Linden Cultural & Heritage Committee

**Mail to:** Mayor's Office  
 Linden City Hall  
 301 N. Wood Ave.  
 Linden, NJ 07036

**Fees:** (please check box)  
 Spaghetti dinner (3/20): \$10  
 5K through March 17: \$20  
 5K from March 18 to race day: \$25  
 5K for high school students: \$15  
 Fun Walk: \$10

**T-Shirt Size:**  
 S  M  L  XL  
 Youth S  Youth M  Youth L

Mostly flat course through residential neighborhoods ◀▶ Water stops at one- and two-mile points ◀▶ Bathroom facilities ◀▶ T-shirt (while supplies last) post-race refreshments ▶▶ Registration limited to the first 500 entrants