

Run through Maplewood

July 4, 2010

3rd Annual

Awards for top:

3 men overall

3 women overall

Top 3 Maplewood Residents

Pre Race registration & T-shirt Pick-up at 8:00am.

Race starts 9:00 am at Memorial Park on Oakview Ave
bet Valley & Dunnell Rd. (Arrive early to park!)

Support Columbia High School XC team!



REGISTRATION FORM

Please Complete This Application and Mail To:
Cecelia David, 569 Prospect Street, Maplewood, NJ 07040

Entry Fees: Information and Questions send us an email maplewood5k4July@aol.com or visit www.cciot.com

Pre-Registration (by 6/14) \$20.00 After 6/14/10 and on race day \$25.00 Make Checks Payable to CCIOT

T-Shirts guaranteed for Pre-Registration only. Race day registration t-shirts if available!

Cash Check \$ _____ # _____ Male Female T-shirt size Sml Med Lrg X-Lrg

PLEASE PRINT CLEARLY

Last Name _____ First Name _____

Address _____

City _____ State _____ Zip _____

Day Phone _____ Date of Birth _____ Age on Race Day _____

E-mail _____

2010 USATF-NJ# _____

Disclaimer:

In consideration of this entry being accepted, I hereby waive and release any and all rights and claims to damage that I may have against race officials, County of Essex, the 4th of July Committee, Columbia High School, Cross Country, staff, volunteers, and representatives for any and all injuries that I may sustain in this event. I acknowledge that I have fully read this form, and fully understand the terms and conditions contained herein. I further understand that entry fees are not refundable. I agree not to hold the Maplewood Civic Association; Fourth of July Committee and the Cross Country Team of Columbia High School responsible for any publicity uses concerning this event and I grant the right to use any likeness in any photographic record of this event.

Signature: _____ Date _____

Signature of Parent or Guardian (if under the age of 18) _____

We welcome all runners, not just high school students. We also need parent volunteers: maplewood5k4July@aol.com
Learn more about Columbia's High School's Cross Country Team at www.cciot.com We are looking for runners!