

Packet Pick-Up

Pre- registered participants may pick-up their race packets at the **Morristown Running Company**, 31 South Street from August 23rd through August 27th.

Location

**Ginty Field, Woodland Avenue
Morris Township**

- **Participant Check-In 4:00 PM**
- **5K Race Begins 6:00 PM**
- **Kids 1 Mile Fun Run Begins 7:30 PM**

T-Shirts for first 500 Registered Participants

For More Information

slovenberg@morristwp.com
(973) 285-2658

Awards

- **Top Three Overall Runners Male and Female**

Course

- **Mostly flat, some hills**
- **Water Stops at Mile Marks**

Scoring

- **Professional scoring and timing systems provided by CompuScore**

Race Day

Packet Pick-up/registration will be at Ginty Field from 4:00pm - 5:45pm

Directions to race site

From the North: take Route 287 South to Exit 35. Follow exit ramp to the right onto Madison Avenue then make quick left at the light onto South Street. Proceed about 0.5 miles then a left onto Woodland Avenue. Race site will be on the right.

From the South: take Route 287 North to Exit 35. Make right at light (top of exit ramp) and first left onto Woodland Avenue. Race site will be on the right.



15% off your purchase!

Expires 10/10/10

Register online with a credit card:
www.therunningcompany.net

5K/ Fun Run Registration Fees

**Pre- Registration by August 20, 2010
(Check One)**

- 5K Registration \$25.00**
- 1 Mile Fun Run \$10.00**
- After August 20, 2010 and on Race Day 5K \$30.00**
- **Payable by check to:
Morris Township Fire Department**

Name _____

Address _____

City _____

State _____ Zip Code _____

Phone _____

Email _____

Gender (circle one) Male Female

Date of Birth _____

Age on Race Day _____

T-Shirt Size (circle one) S M L XL

Total amount enclosed _____

**Send form and Payment to:
Morris Township Fire Department
P.O. Box 7603
Convent Station, New Jersey 07961-7603
Attn: 5K Race**

*** Sign waiver on reverse side of registration**

Wavier and Release

In consideration of acceptance of this entry, I the undersigned intend to be legally bound, do hereby, for myself, my heirs, executors, administrators, waive and release any and all rights and claims for damages I may have against, the race director and officials, the Township of Morris, their representatives, and all sponsors and supporters, volunteers, their agents, successors and assigns, for any and all injuries suffered by me in said event. I assume all risks with entering this event, including but not limited to falls, contact with other participants, effects of weather, including high heat and humidity, extreme cold or wind, traffic and conditions of the road. All such risks being known and appreciated by me. I attest and verify that I am physically fit and sufficiently trained for the completion of this event. Further, I hereby grant full permission to any and all the foregoing to use my photographs, videotapes, motion pictures recordings, or any other record of this event for any legitimate purposes without compensation. I know that bicycles, in-line skates and skateboards are not allowed on the course.

Participant Signature Date

If participant is under 18: This is to certify that my son/ daughter has my permission to complete in the Morris Township Fire Department 100th Anniversary 5K Run/ 1 Mile Fun Run, is in good physical condition, and that the run medical staff have my permission to emergency treatment and to have access to his/ her records, if necessary.

Participant Signature Date

Parent/ Guardian Signature Date
(If participant is under 18 years old)

We Would like to Thank Our Sponsors



JOSEPH M. ARVAY, D.M.D.

W.P. Lloyd Custom Building



MARTIN D. EAGAN
ATTORNEY AT LAW
Real Estate Transactions



County Concrete Corp T/A



Morris Township Fire Department
100th Anniversary 5K Run

1 Mile Kids Fun Run

Saturday, August 28, 2010

6:00 PM Start

Ginty Field, Morris Township

Rain or Shine

Proceeds Benefit
The Goryeb Children's Hospital
At Morristown Memorial Hospital
&
Morris Township Fire Department