

Kinnelon Cares 5K Run/Walk and Fun Run September 26, 2009



Location: Kinnelon High School, 121 Kinnelon Road
Kinnelon, NJ 07405

Schedule: 8:00 a.m. Registration
9:00 a.m. 5K Run/Walk
10:00 a.m. 12 & Under Fun Run
10:45 a.m. Awards Ceremony

SPONSORED BY MAYOR SISCO, KINNELON POLICE
DEPARTMENT, KINNELON DPW,
THE KINNELON HIGH SCHOOL ATHLETIC DEPARTMENT,
KINNELON BOARD OF EDUCATION
AND TRIBORO FIRST AID

Entry Fees: 5K Registration - \$20 (\$25 after September 18th)
12 & Under Fun Run \$7

Proceeds for this years
race will go to
Childhood Leukemia
Foundation

Course: USATF Certified Course; Timers at miles 1 and 2
Timing, Scoring and Results by Compuscor
3 Water Stops along shady, mostly flat course with 2 grade hills

Awards: Awards: (No duplicate trophies) Top 3 Men Top 3 Women
Top 2 17 and under, Top Boy/Girl for Fun Run Age Groups;
Participant ribbons for all Fun Runners

Amenities: Snack and Refreshments at Finish Line



Race Forum REGISTER ONLINE

Online Registration at www.RaceForum.com/Kinnelon

“Kinnelon Cares 5K Run ” Registration Form

Name _____
Age _____ M/F _____ Walker/Runner _____ FunRun _____ Shirt Size S M L XL XXL

tshirts for all pre-registered 5k runners/ walkers, tshirts for late registrants base on availability and size not guaranteed

Address _____ City _____

State _____ Zip _____ Telephone _____

Kinnelon Sports Team child registering under

By mail to: Natalie Reardon 96 miller Road, Kinnelon, NJ 07405 (All Checks payable to Kinnelon Cares).

I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running this event. Having read this waiver and knowing these facts and in consideration of accepting my entry, I, and anyone entitled to act on my behalf, waive and release the Borough of Kinnelon, Kinnelon High School all race volunteers, organizers, sponsors, their representatives, employees and successors from any claims, responsibilities and liabilities of any kind arising out of my participation in this event or carelessness of the persons named in this waiver. Further, I grant to all of the foregoing the right to use any photographs, motion pictures, recordings, or any other record of this event for legitimate purposes.

Signature (if under 18 parent/guardian must sign) _____ Date _____

For more information please contact
Natalie Reardon 973-978-9877

