

The Friends of Peace Valley Nature Center Invite You To Participate In Their 10th Annual

Friends of the Dove 10K Run

And 2 Mile Nature Health Walk

Sunday, September 20, 2009 Race Start 9 am – Rain or Shine

Race Information (walk information is below the entry form/wavier):

To Pre-register for the race, choose one of three ways

(Make Checks payable to: The Friends of PVNC)

1. Mail entry form and check to:

Compuscore Attn: Friends of the Dove
1579 Springfield Ave.
New Providence, NJ 07974

2. Download a race application at:

peacevalleynaturecenter.org and click onto events.
Send application and check to the Compuscore address seen above (#1)

3. Register Online at: active.com



Pre-registration due by Sept. 12. After that register on race day.

ENTRY FEES

Pre-registration: \$25 postmarked by September 12, 2009

Race day: \$30

T-Shirt limited to the first 200 runners

If you would like to make an additional donation, send a check payable to "The Friends of PVNC" to: Friends of PVNC
170 Chapman Road, Doylestown, PA 18901.

AWARDS AND AMENITIES:

Awards will be given to FIRST MALE/FEMALE OVERALL FINISHER, and to the top three in each age category as follows:

19 & under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49,

50-54, 55-59, 60 & over

Race Results posted at: www.compuscore.com

Post Race Food for runners (show your bib #)

Door prizes following race

Circles beautiful Lake Galena

INFORMATION:

Call Peace Valley Nature Center at 215-345-7860 (Ask for Craig) or visit our website at: peacevalleynaturecenter.org and click onto events. All proceeds benefit Friends of Peace Valley Nature Center education programs.

Race Directors: Diane B. Crooke and Craig Olsen

Like to volunteer??:

Call 215-345-7860 and ask for Craig Olsen.

RACE DAY SCHEDULE:

Registration and T-shirt pick up, 7:15 – 8:45 am at pavilion 3 & 4, New Galena Road, Peace Valley Park, Doylestown, PA (see map)



ENTRY FORM

Friends of the Dove 10K Run— Sunday, September 20, 2009 9 am—Rain or Shine

Name _____ Male _____ Female _____

Address _____ City _____ State _____ Zip _____

Emergency Contact & Phone Number _____

Home Phone _____ Email _____

Age as of 9/20/09 _____

BUCKS COUNTY DEPARTMENT OF PARKS AND RECREATION WAIVER OF LIABILITY

Since I, my son/daughter are participating this event voluntarily and at my own, son/daughter's risk, I agree not to sue or hold liable the County of Bucks, the Department of Parks and Recreation, Peace Valley Nature Center, The Friends of Peace Valley Nature Center, or any of its representatives, and/or individuals responsible for any injury or damages to me/my son/daughter resulting in participation in this event. The Bucks County Department of Parks and Recreation and its' representatives have my permission to arrange transportation to a licensed physician or medical facility. I grant permission for a licensed physician to provide any medical care or treatment this physician deems necessary to myself/ my son/daughter. **Participants 18 years of age or younger must have a parent or guardian sign this form. Individual participants 18 years of age or older must sign for themselves.**

Signature _____ Date _____

"The official registration and financial information of The Friends of Peace Valley Nature Center, Inc. (501) C3 may be obtained from the PA Department of State by calling toll free, within PA, 1-800-732-0999. Registration does not imply endorsement."

2 MILE NATURE HEALTH WALK INFORMATION

**Registration is on September 20th 2009, the day of the event only.
No Pre-registration.**

**Registration is from 7:15 – 8:45 am at Pavilion #3
New Galena Road, Peace Valley Park, Doylestown, PA (see map above)
Post event food and prizes for walkers!**

**Fees: \$10 individual or \$25 family (limit 4 family members)
Short sleeve t-shirts to the first 30 Nature Health Walkers!**

Walk starts at 9:10 am on dam by race finish line.