

Awards

Awards ceremony immediately following the race.

Individuals: Awards will be presented to the top three males and females overall and age-group finishers in six age categories.

Teams: Awards will be presented to the top three male, female and co-ed teams.

Age Groups

19 & under	50 - 59
20 - 29	60 - 69
30 - 39	70 & over
40 - 49	

Team Rules

- Any business or corporation may enter.
- Companies may enter as many teams as they want in male, female and co-ed divisions.
- Teams must have a minimum of 3 members. There is no maximum number of runners on each team.
- Team members must work a minimum of 20 hours per week for their respective company.

***Post cards with individual results will be mailed to each finisher.**

Proceeds of The Newark Corporate Run benefit the programs of Integrity House, a non-profit organization which has provided substance abuse treatment and social services since 1968.



Presents

THE NEWARK CORPORATE RUN

5k

TEAM & INDIVIDUAL RACE

Wednesday, October 7, 2009

12:15 pm

**Washington Park
Newark**



PO Box 510
Newark, NJ 07101

NON PROFIT ORG.
US POSTAGE
PAID
NEWARK, NJ
PERMIT NO. 5871