

2009

Hoboken
UNIVERSITY
MEDICAL CENTER

5K



5K Run, Corporate Challenge, 2 Mile River Walk & Kids' Dashes

DATE **SATURDAY, OCTOBER 10, 2009**

Registration/Packet Pick-up 7:30-8:30 am



LOCATION **WATERFRONT LAWN OF PIER A, HOBOKEN**

5K RUN Beginning at 9:00 am, this competitive event is for all ages and includes the corporate challenge. Course is USATF Certified, water stops, Marshals provided by NJIT Cross Country & Track teams. Race results posted on www.compuscore.com.



RIVER WALK Beginning at 9:20 am, this 2 mile river walk is non-competitive.

KIDS' DASHES Beginning at 10:00 am, kids age 2 to 12 are invited to run from 25 to 200 yards, depending on age. Goodies, entertainment and race souvenirs for all!

AWARDS Beginning at 10:30 am. First place M & F Hoboken UMC employee. Overall: 1, 2, 3, M & F, Open, and Masters. Age Groups: 1, 2, 3, M & F, 5-year increments.

AMENITIES A Hoboken UMC 5K Race t-shirt and goodie bag to all pre-registrants and post-registrants, while supplies last. Great Refreshments, Music, Entertainment, Free Parking at Garage B on 2nd & River Street and Garage D at 215 Hudson Street.

SPONSORSHIP OPPORTUNITIES

Promote your company and provide valuable support for Hoboken UMC as one of our corporate sponsors. For more information on sponsorship packages, including waiver of entrance fees, please contact **Joe Burt (201) 418-2124**.

For online registration visit: www.raceforum.com/HobokenUMC

OFFICIAL ENTRY FORM (One Entrant Per Application.)

For directions go to our website at www.hobokenumc.com

Last Name		First Name		Date of Birth (MM/DD/YY)		Race Day Age	
Street Address				Apt No.		Sex	
City				State		Zip	
Daytime Phone Number		Email address		EVENT ENTERED			
ENTRY FEES		Are you a Hoboken UMC employee?		<input type="radio"/> 5K Run <input type="radio"/> Corporate Challenge Team Name _____ <input type="radio"/> 2 Mile River Walk <input type="radio"/> Kids' Dashes T-Shirt Size <input type="radio"/> Small <input type="radio"/> Medium <input type="radio"/> Large <input type="radio"/> X-Large			
<input type="radio"/> \$15 (USATF-NJ Member — by October 1) \$17 after October 1 '09 USATF-NJ # _____ <input type="radio"/> \$20 individual Runner/Walker Pre-Registration (by October 1) <input type="radio"/> \$25 After October 1 or on Race Day <input type="radio"/> \$10 Kids' Dashes (\$15 after Oct. 1)		<input type="radio"/> Yes <input type="radio"/> No					

WAIVER/RELEASE: In consideration of this entry being accepted, I hereby for myself, heirs, executors, and administrators waive and release any claims I may have against the Hoboken UMC, the City of Hoboken, staff, officers, volunteers, successors, and assigns for all injuries that may be suffered by me in this event. Further, I confirm that I am physically able to participate in this event and grant the right to use my likeness in any photographic record of the Hoboken UMC 5K.

Print Name: _____

Signature: _____ Date _____

Parent/guardian signature if participant is under 18 years of age.

Mail entry form to:

Joe Burt
Hoboken UMC
308 Willow Avenue
Hoboken, NJ 07030