

**THE 17<sup>TH</sup> ANNUAL**  
**CENTER FOR EDUCATIONAL ADVANCEMENT & JOHANNA FOODS**  
**TURKEY TROT**

9:30AM THANKSGIVING DAY, NOVEMBER 26, 2009 FLEMINGTON, NJ  
 5K RUN & 2 MILE FITNESS WALK



**COURSE** USATF-NJ certified & sanctioned. Town roads, rolling hills, one water stop. Splits at 1 & 2 miles; post event refreshments. Our famous full color long sleeve T-shirts to all pre-registrants, and while supplies last through race day. Souvenir ribbons to all participants that finish.

**REGISTRATION** Pre-register by mail-postmarked prior to 11/20/09 or in person at CEA, 11 Minneakoning Road, Flemington, NJ 08822. Number, packet, shirt pick-up and late registration at CEA Turkey Trot Expo is on 11/21/09, 9:00am – 3:00pm. Additional pick-up available at CEA 11/23/09, 9:00am – 7:00pm and 11/24-25/09, 9:00am – 4:00pm. Thanksgiving Day Pick-up is at the Flemington Women’s Club, 43 Park Ave., Flemington, NJ 08822, 7:00am – 9:00am.

Registration Fees	Pre-Registered	11/21/09 – 11/26/09
5K Run	\$25.00 (\$23.00 USATF Members)	\$30.00
2 Mile Walk	\$20.00	\$25.00

**CHAMPIONCHIP WILL BE SCORED WITH THE NEW 1-TIME USE DISPOSABLE CHAMPIONCHIP. RUNNERS MUST WEAR THEIR ASSIGNED CHIP, OR THEIR TIME WON'T BE RECORDED.**

- AWARDS:** Trophies to 1<sup>st</sup> – 5<sup>th</sup> overall M/F runners (Open and Masters (40+)) 1<sup>st</sup> - 3<sup>rd</sup> place M/F runners in 5 year age groups from 15 through 74 years as well as <12, and 12-14 and 75+ runner age groups 1<sup>st</sup> – 3<sup>rd</sup> place teams-M/F/Co-ed.(Open & Masters)
- TEAMS:** Teams consist of 3-5 runners, fastest three score. Co-Ed teams must have a minimum of two female runners, one of whom must be scored. M/F/Co-ed teams may enter. **ALL TEAMS MUST BE REGISTERED BY NOVEMBER 20, 2009**
- LOCATION:** The Trot starts & finishes on Main Street, Flemington, NJ. (Use 71 Main St., Flemington, NJ 08822 for mapquest.com directions.)

**PARKING ON MAIN STREET IS PROHIBITED BEFORE & DURING THE EVENT**  
 FOR ADDITIONAL INFORMATION & DIRECTIONS, PLEASE CALL CEA AT (908) 782-2911 OR CHECK [www.ceaemployment.com](http://www.ceaemployment.com)

**E-MAIL: [ttrot@ceaemployment.com](mailto:ttrot@ceaemployment.com); Register online through [RaceForum.com/TurkeyTrot](http://RaceForum.com/TurkeyTrot)**

**THIS APPLICATION MUST BE PRINTED, COMPLETE & SIGNED-ONE PERSON PER FORM, PLEASE COPY IF NEEDED**  
**MAIL APPLICATION(S) AND ENTRY FEE(S) TO: CEA, 11 MINNEAKONING ROAD, FLEMINGTON, NJ 08822**

LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_ MI: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE #: \_\_\_\_\_ E-MAIL ADDRESS: \_\_\_\_\_

AGE (ON RACE DAY): \_\_\_\_\_ BIRTH DATE: \_\_\_/\_\_\_/\_\_\_ SEX(M/F): \_\_\_ EVENT (circle one) 5K RUN / 2 Mi WALK

2009 USATF NUMBER (IF APPLICABLE): \_\_\_\_\_ FASTEST 2009 5K: \_\_\_\_\_

I HAVE, & WILL USE MY OWN CHAMPIONCHIP (Y/N): \_\_\_\_\_ MY CHIP NUMBER IS: \_\_\_\_\_

TEAM NAME (IF APPLICABLE): \_\_\_\_\_ CO-ED? (Y/N) \_\_\_\_\_

**(Teams consist of 3- 5 runners. Co-ed teams to have a minimum of 2 female members, at least one of which will be scored).**

HOW DID YOU LEARN ABOUT THE TURKEY TROT? \_\_\_\_\_

WOULD YOU LIKE TO RECEIVE: THE CEA NEWSLETTER? (Y / N) \_\_\_\_\_, E-MAIL EVENT UPDATES? (Y/N) \_\_\_\_\_

TOTAL DUE: 5K RUN \$ \_\_\_ /2 MILE WALK \$ \_\_\_ + TAX DEDUCTIBLE DONATION TO CEA: \$ \_\_\_ =TOTAL \$ \_\_\_\_\_

I know that participating in the Center for Educational Advancement/Johanna Foods Turkey Trot or Fitness Walk is a potentially dangerous activity. I understand that I should not enter and participate unless I am medically able and properly trained. For the safety of all participants, I understand that skates, baby strollers, baby joggers or animals are not permitted at this event. I agree to abide by the decision of any event official relative to my ability to safely complete the event. I assume all risks associated by my participation in the event for which I am registering, including, but not limited to falls, contact with other participants, the effects of weather, including heat, cold, ice and humidity, traffic and road-conditions, all such risks being known and appreciated by me. Having read, understanding this waiver and knowing these facts and in consideration of acceptance of this application, I, for myself and anyone entitled to act on my behalf waive and release the Center for Educational Advancement, Johanna Foods, Inc., the Borough of Flemington, USA Track & Field and all sponsors, their representatives and successors from all claims or liabilities of any kind arising from my participation in this event even though that liability might arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I also understand that, participation in the 5K run involves assignment to me of a "Championchip", and that I will be charged a \$35.00 replacement fee if I fail to return the Championchip assigned to me by the end of the 5K Run.

\_\_\_\_\_  
 (Signature in full) OR (Parent/Guardian signature if entrant is under 18 years of age) \_\_\_\_\_ Date

**PROCEEDS BENEFIT THE CENTER FOR EDUCATIONAL ADVANCEMENT, A NONPROFIT ORGANIZATION PROVIDING TRAINING, EMPLOYMENT & PLACEMENT SERVICES TO PEOPLE WITH DISABILITIES SINCE 1970**