

10th Annual  
**ROCKLAND COUNTY POLICE  
 EMERALD SOCIETY  
 5K RUN/WALK**  
 SUNDAY MAY 3, 2009  
 9:00 a.m. START



*Proceeds to Benefit  
 Scholarship Foundation  
 established to assist the  
 children of  
 Ramapo Police Officer  
 Christopher Hudak*

*For info: [www.RamapoPBA.com](http://www.RamapoPBA.com)*

**FEATURES:**

- ♣ SCENIC COURSE THROUGH VILLAGE OF PIERMONT
- ♣ BEGINNING AND ENDING AT FLYWHEEL PARK, PIERMONT
- ♣ FAST FLAT 5K COURSE
- ♣ COMPUTER CHIP SCORING
- ♣ SPLIT TIMES EACH MILE: DIGITAL CLOCK AT THE FINISH
- ♣ WATER STATION AT END OF PIER, AND FINISH
- ♣ COMPUTERIZED RACE RESULTS
- ♣ T-SHIRT TO ALL PRE-REGISTRANTS
- ♣ ROCKLAND COUNTY POLICE EMERALD SOCIETY PIPERS ON COURSE
- ♣ RACE RESULTS WILL BE MAILED

**AWARDS:**

- ♣ OVERALL CHAMPION (MALE & FEMALE)
- ♣ TOP 3 LAW ENFORCEMENT MEMBERS (MALE & FEMALE)
- ♣ TOP 3 FINISHERS (MALE & FEMALE) IN EACH AGE GROUP
- ♣ AGE GROUP AWARDS ( 9 & under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59,60-69, 70+)

**PRE-REGISTRATION:**

- ♣ PLEASE PRE-REGISTER BY MAIL PRIOR TO APRIL 25, 2009
- ♣ **Online Registration Powered by Active.com (until May 1, 2009)**
- ♣ ONLY PRE-REGISTRANTS ARE GUARANTEED T-SHIRTS
- ♣ FEE \$25.00 FOR 5K RUN/WALK. MAKE CHECK PAYABLE TO RCPES 5K

MAIL CHECK AND COMPLETED APPLICATION TO:

ROCKLAND COUNTY POLICE EMERALD SOCIETY 5K  
 PO BOX 371  
 PIERMONT, NY 10968

**RACE DAY SCHEDULE / REGISTRATION:**

- ♣ 7:30-8:30 am CHECK IN FOR 5K RUN/WALK AT FLYWHEEL PARK.
- ♣ FEE \$30.00 ON RACE DAY AT FLYWHEEL PARK.
- ♣ AWARD CEREMONY AT CONCLUSION OF RACE AT FLYWHEEL PARK.
- ♣ PLEASE NO BIKING, ROLLERBLADES, BABY JOGGERS, OR PETS ALLOWED ON THE COURSE

**FOR ADDITIONAL INFORMATION PLEASE CONTACT**

- ♣ [www.compuscore.com](http://www.compuscore.com)
- ♣ Ramapo PBA ([www.RamapoPBA.com](http://www.RamapoPBA.com))
- ♣ [www.ACTIVE.com](http://www.ACTIVE.com)
- ♣ Rockland County PBA

Last Name	Please Print in boxes	First Name
Address		
Town, City, State, Zip		
Phone #:	Age on day of race:	DOB: Sex: Shirt Size:

I own my own ChampionChip The Number is: \_\_\_\_\_

\_\_\_\_ **Please Circle:**      5K Run                      5K Walk                      MOS                      Donation

**WAIVER:** Please read the following and sign: In consideration of your accepting this entry, I the undersigned intending to be legally bound, hear-by, for myself my heirs and executors and administrators waive and release, the Rockland County Emerald Society Inc. Road Race Committee, the Incorporated Village of Piermont, Piermont Commons Realty LLC, the Rockland County Police Emerald Society Inc. and any and all donors or charitable recipients and/or their representatives, successors and assigns for any and all injuries suffered by me in said event., any and all rights and claims for damages I may acquire as a result of my participation in this event, I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor. Furthermore, I the undersigned agrees to reimburse the Rockland County Police Emerald Society Road Race \$40 in the event I do not return the Computer Scoring Chip provided to me by the Race staff.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature (If Under 18)