MILLBURN SPRING RUN
March 22, 2009

County Executive Joseph DiVincenzo, Jr.

FOUR BIG RACES

1/2 MILE 10 Yr & Under -- 10:30 AM
1 MILE 11 to 14 Yrs -- 10:45 AM
2 MILE 11:00 AM -- Awards to first 5 Men and Women
10KM 11:30 AM -- Awards to first three in each age group

Men & Women Age Groups (10K Only)

14 & UNDER
15-19
20-29
30-34
35-39
40-44
45-49
50-54
55-59
60-64
65-69
70-79
80 & Over

2 Mile : Awards to 1st 3 Men & Women

CHILDRENS RACES:
Ribbons to All finishers

ENTRY FEES :
2 Mile/10 K –
Pre-registration before March 19
$20
(additional $2 discount for all USATF members received by March 19)
ALL ENTRIES RECEIVED AFTER March 19
$25

Childrens Races No Shirt : $3
Childrens Races With Shirt : $10

Packet Pickup: March 19-21 at Sneaker Factory. 308 Millburn Ave, Millburn, NJ 07041. For directions, more info :973-376-6094 www.sneakerfactory.com

POST RACE AWARDS CEREMONY AT SNEAKER FACTORY
Overall Male & Female Winner for 2 Mile and 10Km receives Merchandise Award from Mizuno.

USA TRACK & FIELD NEW JERSEY
new balance north jersey
New Balance Grand Prix 500 points

Location : Crest Drive and Washington Rock in the South Mountain Reservation just off of South Orange Avenue

Directions : GS Parkway to South Orange Avenue (exit 144), go west on South Orange Avenue, go to the top of the hill and make a left into the Reservation. For more info, go to www.sneakerfactory.com

LAST NAME **FIRST NAME** **AGE** **SEX: M F**

DATE OF BIRTH

ADDRESS

CITY/TOWN **STATE** **ZIPCODE**

EMAIL ADDRESS:_____

TELEPHONE:_____ **SHIRT SIZE (CIRCLE) S M L XL**

RACE (CIRCLE ONE)
1/2 MILE (CHILDREN 10 & UNDER)
1 MILE (CHILDREN 11-14)
2 MILE
10 KM

MAIL TO:
SNEAKER FACTORY RR-Millburn Spring Run
BOX 150
MILLBURN, NJ 07041
INFORMATION: (973) 376-6094
Please make checks payable to Sneaker Factory Road Racers

2009 USATF-NJ#_____

In consideration of this entry being accepted, I hereby for myself, heirs, executors and administrators waive and release any claims that I may have against the Essex County Park Commission, The Sneaker Factory, The Sneaker Factory Road Racers, USATF, CompuScore or their representatives, successors or assignees for any injuries that may be suffered by me in this event. I also certify that I am in physical condition for this event.

_____ signature in full (Parent's signature required if under 18 yrs.)

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