

High Point Regional High School's 4th Annual Technology Student Association

Easter TSA 5K Run/Walk Fundraiser

Rain or Shine!



**Saturday
April 4th, 2009**

9 A.M. Race

**Woodbourne Park
Sherman Ridge Road
Wantage, New Jersey**

The same course as the Woodbourne 5K!
Course is 3.1 miles on paved paths; flat, double loop course

T-SHIRTS & GOODY BAGS for the first 100 registered
Proceeds benefit High Point Regional High School TSA

ENTRY FEE: Pre registration by March 20th; \$15.00
Race Day Registration; \$18.00

MAKE CHECKS PAYABLE TO:

High Point Regional High School Technology Student Association
Or HPRHS TSA
And send to "HPRHS TSA"
299 Pidgeon Hill Road
Sussex, NJ 07461
Race Day Registration
Saturday April 4th, 2009
8:00 A.M.-8:30A.M.

Awards Ceremony and refreshments at 10:00 A.M.

Trophies- Overall Male & Female Medals- 1st, 2nd, and 3rd in each age group (Male and Female)

Age groups- 19 and under, 20-29, 30-39, 40-50, 51 and over

Any Questions? Contact the race director, Julie Ryan at hptsa0809@gmail.com

Please Fill-out and return *bottom* portion of this form only to "HPRHS TSA", 299 Pidgeon Hill Road, Sussex NJ, 07461

HIGH POINT REGIONAL HIGH SCHOOL TSA 5K RUN/WALK Runner's Number (Please do **not write in): _____**

Last Name										First Name					Age on Race Day		Sex		
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Mailing Address: (include Apt. # and/or c/o)										Telephone #					
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

City, State (initials)										Zip Code			
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

E-mail: _____

I know running in High Point's race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decisions of the race official relative to safely complete the run. I assume all risks associated with running in the High Point race including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of accepting my application, I for myself and anyone entitled to act on my behalf, waiver release High Point Regional High School Technology Student Association, their advisors, the school and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recording or any other record of this event for any legitimate purpose. I realize that there are no refunds and this activity is done entirely at my own risk.

SIGNATURE (parent if under 18 yrs.): _____ DATE: _____