

**WHERE**

Nomahegan Park  
Cranford, NJ

**WHEN**

- 8:00 AM-9:15 AM Race Day  
Registration/Package Pickup
- 9:30 AM 4 Mile Run

**HOW TO REGISTER**

By mail (apps at [www.cjrrc.org](http://www.cjrrc.org))

Click on CJRRC Races & at

[www.raceforum.com/](http://www.raceforum.com/)

FallClassic

**5K AWARDS**

Top overall male & female, top masters, male & female. Age group awards 3 deep in 5-year increments from 14 & under to 80 & over. No duplicate awards.

**AMENITIES:**

Custom-designed shirt to all pre-registrants; and to post-registrants while they last.

**DIRECTIONS/INFORMATION**

From the GSP North or South: get off at Exit 137. At the bottom of the ramp turn right onto North Avenue. At the 2nd light (from the North the 3rd light) turn right for the beginning of Springfield Ave. Nomahegan Park is to the right and Union County College is to the left at the 3rd light on Springfield Ave. VERY limited parking at Nomahegan.

Abundant parking available at Union County College. For more directions and an Interactive Google Map for the Fall Classic, log on [www.cjrrc.org](http://www.cjrrc.org). Click on CJRRC Races.

# Central Jersey Road Runners Club

# 31st Fall Classic 4 Mile

Monday  
September 1st, 2008  
Cranford, NJ



This year's Fall Classic will be the second race to be included in the new CJRRC Triple Series.

2008 will be the inaugural season for the Central Jersey Triple. All people (members & non-members of CJRRC) who run and/or volunteer in all three of the following club races will receive a commemorative coffee mug.

Our three club races are:

June Moon 5K June 20, 2008  
Fall Classic 4 Mile Sept. 1, 2008  
Hangover Run 5K Jan. 1, 2009

## Registration Fees

- 5k by 8/20 \$20
- USATF by 8/20 \$18
- CJRRC by 8/20 \$15
- After 8/20 \$25

Checks payable to: CJRRC

Mail to: P.O. Box 1863  
Cranford, NJ 07016

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Date of Birth \_\_\_\_\_ Phone # \_\_\_\_\_ Age on Race Day \_\_\_\_\_

2008 USATF # \_\_\_\_\_ CJRRC # \_\_\_\_\_ Gender \_\_\_\_\_

### Adult T-Shirt Size

S M L XL XXL\*

\*Add \$2 for XXL

### Email Address

**For the safety of all participants and to satisfy insurance requirements, no headphones or other listening devices, skates, strollers, or animals are permitted.** In consideration of being allowed to participate in this racing event, I personally assume all risks in connection with this race. I release the Central Jersey Road Runners Club, Cranford, the Union County Park System, USATF, race organizers, directors, volunteers, sponsors and their representatives, officers, agents and employees and successors from any claim by me and my family, estate, heirs, or assigns, for injury or damage which may occur due to my participation in the race. I have signed this release freely and voluntarily and with a full understanding of its contents, having read it in full and acknowledging by my signature that I am bound by the provisions herein. I understand and intend that I will be legally bound by it. I also confirm here that I am physically fit and qualified to participate in this race and am at least 18 years of age (or have had this signed by my guardian, if I have not yet reached age 18).

Athlete's Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent/Guardian Signature (if needed) \_\_\_\_\_

