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New Jersey

October 12, 2008 Nutley,



Nutley Family Service Bureau Mission Statement

The mission of the Nutley Family Service Bureau is to promote the emotional and social well-being of individuals and families through counseling, and to provide community outreach programs, guidance and information regarding other available social services to the community.

In existence since 1913, all of NFSB's professional staff have a master's degree in a human service field and are available for individual, family or group counseling. In addition, the staff is involved in a broad array of community outreach programs ranging from coping with adolescents and dealing with aging parents to helping individuals survive job loss. Staff members are trained to assess drug and alcohol abuse and find appropriate treatment.

Each year, hundreds of clients are served. Some clients come in on their own, while others are referred through clergy, police or employee assistance programs. Fees are charged on a sliding scale based on income, but no one is refused service because of inability to pay.

Through its 90-year history, the services provided by the NFSB have changed to meet the needs of the community. But its fundamental mission has remained the same ... to provide strength to families under stress.



Sunday, October 12, 2008

Race Packet Pick-Up

Race packets can be picked up starting at 7:00am on race day in the Nutley High School Gymnasium at 300 Franklin Avenue.

Race Start

The race begins in front of Nutley Town Hall, at the intersection of Chestnut Street and Vincent Place. Please be at the starting line NO LATER than 8:20. The race will start promptly at 8:30 am.

The Course

This USATF Certified (NJ05052LMB) 5-mile course starts with a run through Downtown Nutley before turning into the beautiful Nutley Park system. The last mile is fast and downhill with a straight sprint to the finish in front of the Franklin Middle School on Franklin Ave.

Schedule of Events

7:00 am Race Day Registration & Packet Pick-Up
 8:15 am On-Site Registration Closes
 8:30 am Nutley Fall Five Start
 9:45am Award Ceremony @ Nutley High School Gym

Awards

- Top 3 finishers Male & Female overall
- Top Nutley Male & Female finisher
- Winner per Age Group

Please send check (payable to Nutley Family Service Bureau) with the completed and signed entry form to:

Nutley Family Service Bureau
 155 Chestnut Street
 Nutley, NJ 07110
 Attn: Nutley Fall Five



Sunday, October 12, 2008

Entry Form

- Enclosed is my \$20 USATF Member pre-entry fee (enter member # below until 10/2/08)
- Enclosed is my \$25 pre-entry fee (postmarked by 10/2/08)
- Enclosed is my \$30 entry fee (postmarked after 10/2/08)

(Please print all information)

Last Name _____

First Name _____

Street Address/Apt. # _____

City _____

State _____ Zip Code _____

Sex M F

USATF - NJ Member # _____

Race Day Age _____ Date of Birth _____

Day Phone _____

E-mail _____

T-Shirt Size ___S___M___L___XL

WAIVER

FIRST: For and in consideration of being accepted in the Nutley Fall Five on Sunday, October 12, 2008, which is described in the attached application, I for myself, my heirs, executors, administrators and assigns do hereby expressly release and discharge the Township of Nutley, The Nutley Family Service Bureau, all sponsors and volunteers (hereinafter Releasees) from all claims, demands, liability actions, or judgments of any kind whether caused by negligence of said Releasees or any of them or otherwise which I now have or in the future have against said Releasees or any of them arising out of my participation in the athletic competition which is the subject of this application. SECOND: I represent to the sponsors of this competition that I have been examined by a licensed physician who has approved my participation in this event. I further authorize the use of my name and photo in conjunction with publicity about the race.

Applicant's Signature _____

Parental Consent & Signature Date
 (required for all participants under 18)