

Bergen County Government and Department of Parks is pleased to present the

Third Annual Gilda's Run 15k

and **Cancer Survivor's Walk** for anyone touched by Cancer

Created by the founders of the Teterboro Airport 5k.

Proceeds to benefit Gilda's Club Northern New Jersey – a community where men, women and children touched by cancer can receive social and emotional support – free of charge.

Sunday, May 18, 2008

Saddle River County Park, Ridgewood, NJ

15K Start – 9 a.m.

Walk Start – 9:05 a.m.

Registration

7:15 to 8:45 a.m.

By mail or online at www.RaceForum.com/Gilda
www.active.com

Course

USATF certified, beautiful park trail, flat with some rolling hills, mile clocks and water stops

15K Entry Fees

\$22 by May 12th (\$20 USATF) or \$25 after May 12th and on race day.

Walk Entry Fee

\$10 by May 12th or \$15 after May 12th.

Please obtain pledge form at www.gildasclubnnj.org.

Awards

1st, 2nd & 3rd Overall (male and female) and 5-year Age Groups from 19 and under to 75+.

Cash Prizes

Open and Master (male and female) – 1st – \$250, 2nd – \$150, 3rd – \$100 plus awards for most money raised valued at over \$1000 (only pre-registrants eligible)

Amenities

Gilda's Run T-shirt, ChampionChip Scoring by Compuscore, Awesome Refreshments, DJ and Children's Activities!

Directions

From the Garden State Parkway North or South take exit 165 (Ridgewood Avenue) or from Route 17 take the Ridgewood Avenue exit. Proceed WEST on Ridgewood Avenue toward Ridgewood. After crossing Paramus Road follow signs to parking. Race staging and start area will be at the Wild Duck Pond Area of Saddle River County Park.

Information

201-457-1670 x114 or 732-381-0318
mzrace@oymp.net

Results

www.compuscore.com

Race Direction by
On Your Mark Productions
www.oymp.net



prestige BMW
— YOU. FIRST. —



Registration Form

Make checks payable to Gilda's Club NNJ and mail with completed application to: OYMP, PO Box 738, Clark, NJ 07066

Please indicate event entered and applicable fee

- 15k \$22 (on or before 5/12) 5k walk \$10 (on or before 5/12)
 15k \$20 (USATF member) 5k walk \$15 (after 5/12)
 15k \$25 (after 5/12)

Waiver/Release

In consideration of this entry being accepted, I hereby waive and release and claims against Gilda's Club Northern New Jersey, Gilda's Club Worldwide, the Township of Paramus, Borough of Ridgewood, the County of Bergen, Prestige Motors, On Your Mark Productions, their staffs, officers, directors, volunteers, sponsors, successors or assigns for injuries that I may suffer in this event. Further, I confirm that I am physically able to participate in this event and grant the right to use my likeness in any photographic record of this Gilda's Run 15k.

Signature (Parent or Guardian if under 18)

Date

First Name

Middle Initial

Last Name

Street Address

City, State, Zip Code

Age on Race Day

Date of Birth

Male Female

E-mail Address

Phone No.

2008 USATF No.

Shirt Size: Small Med Large X-Large