

THE 5TH ANNUAL
BAY HEAD 5K
2008
57 South Main Street #312
Neptune, NJ 07753



THE 5TH ANNUAL BAY HEAD 5K 2008

Bay Head Fire House • Bay Head, New Jersey

-  **Custom T-Shirt**
-  **Pre & Post Race Refreshments**
-  **Super Prize Board**

SATURDAY • MAY 17, 2008
bayhead5k.com

KateShea
FOUNDATION

RACE INFO

LOCATION:

Bay Head Fire Department
Bridge Avenue • Bay Head, NJ

SCHEDULE OF EVENTS:

Registration: 7:00am
5K Run: 8:30am
Awards: 9:45am

REGISTRATION:

By mail or online at www.active.com
or www.raceforum.com/bayhead

ENTRY FEE:

\$20.00 By 5-12-08
\$18.00 By 5-12-08 (USATF)
\$25.00 After 5-12-08
and on race day.

COURSE:

Flat and fast on the picturesque streets of ocean front Bay Head. USATF certified. Water stops, Mile clocks.

AWARDS:

1,2,3, Overall and Age Groups, (M & F), 14 & Under to 75 & Over

AMENITIES: Bay Head 5K Memory Run T-shirt. DJ, Goodies, Pre and Post Race Refreshments. Random Prizes

SCORING: www.compuscore.com

INFORMATION:

www.bayhead5k.com
www.oymp.net
732 381-0318
mzrace@oymp.net

RACE INFO

THE 5TH ANNUAL BAY HEAD 5K 2008

SATURDAY MAY 17, 2008
8:30AM • BAY HEAD, NJ

to benefit:

KateShea
FOUNDATION





Directions:

From GSP Southbound..... Exit 98. To Route 34 South to Route 35 South. Through Point Pleasant. Right turn onto Bridge Avenue... Fire House is on the left.

From GSP Northbound....Exit 90. Bear right onto Chambers Bridge Road. Left at circle onto Route 88 East. After Jordan Road, make right onto Bridge Avenue. Fire House is 2 miles ahead on the right.

The Town of Bay Head

- Located just below Monmouth County at the central NJ shore
- The town is 70 miles south of New York City, 65 miles east of Philadelphia, 60 miles north of Atlantic City
- Many large, well kept Victorian homes line the streets, gardens bloom in season, and of course, the un-crowded, life-guarded beaches, a constant joy

Information:

www.bayhead5k.com
 www.oymp.net
 732 381-0318
 mzrace@oymp.net

In Memory of Kate Shea

Kate Shea passed away from Leukemia at a young age of 25 years. The Bay Head 5K Memory Run was founded by loving friends and family of Kate Shea in order to give back to the community she called home most summers of her short but fulfilling life. Kate was an inspiration to us all in the way she lived her life in an accepting and open-minded way. The proceeds from the Bay Head 5K will go to The Kate Shea Foundation and to support the town of Bay Head.

We appreciate your support in helping bring the Jersey Shore community together to fight Leukemia and grow our next generation's understanding of global cultures. For those of you who cannot participate in the run, you can make a donation to the address inside or log on to **bayhead5k.com** and donate online. We appreciate your generosity in supporting this great cause.



katesheafoundation.org

Our Mission

1. To provide funds in Kate's memory to select Leukemia research organizations that help individuals affected by this disease.
2. To provide financial assistance to further the cultural and academic education of youths as they strive to understand and accept global diversity as a reality.



**SATURDAY MAY 17, 2008
 OFFICIAL ENTRY FORM**

OFFICIAL USE ONLY

Checks made payable to: Kate Shea Foundation
 Mail to: OYMP • PO BOX 738 • Clark, NJ 07066

 Last Name First Name

 Address

 City State Zip

 State Zip Phone

 Sex Age on Race Day Date of Birth

 Email address 2008 USATF#

ENTRY FEE:

- ___ \$20.00 by 5-12-08
- ___ \$18.00 by 5-12-08 (USATF)
- ___ \$25.00 after 5-12-08 and on race day

T-SHIRT SELECTION

ADULT: ___ S ___ M ___ L ___ XL
 YOUTH: ___ M ___ L

Please accept my donation of \$_____ to the Kate Shea Foundation.

LIABILITY AND PUBLICITY RELEASE: (FAILURE TO SIGN WITH DATE WILL DELAY PROCESSING OF YOUR APPLICATION). PLEASE ACCEPT MY ENTRY IN THE BAY HEAD 5K MEMORY RUN. I HEREBY STATE I HAVE CONDITIONED MYSELF TO PARTICIPATE IN THE EVENT. I, FOR MYSELF, MY EXECUTORS, ADMINISTRATORS AND ASSIGNEES, DO HEREBY RELEASE AND DISCHARGE THE BAY HEAD 5K MEMORY RUN, THE KATE SHEA FOUNDATION, ON YOUR MARK PRODUCTIONS, THE BOROUGH OF BAY HEAD, OFFICIALS, SPONSORS, AND VOLUNTEERS FROM DAMAGES OR INJURIES OCCASIONED BY MY PARTICIPATION IN THE BAYHEAD 5K. NO SKATEBOARDS, IN-LINE SKATES, BICYCLES OR PETS. I ALSO AUTHORIZE THE BAYHEAD 5K OFFICIALS TO UTILIZE MY NAME AS WELL AS ANY PHOTOGRAPHS AND VIDEO TAPE OF MY PARTICIPATION IN THE BAY HEAD 5K FOR ANY OR ALL PURPOSES. BY SIGNING MY NAME BELOW, I HEREBY CERTIFY THAT I HAVE READ ALL TERMS AND CONDITIONS OF THIS RELEASE AND DO INTEND TO BE LEGALLY BOUND THEREBY.

 Signature (Parent or guardian if under age 18)