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★ ★ ★ ★ ★ ★ ★ ★ ★
A 5k Event Celebrating Girls on the Run

wondergirl5K



SATURDAY, JUNE 7TH
at Madison Community Pool
Rosedale Ave. & Parkside Ave.
START TIME 8:15AM

Strengthening Girls from Start to Finish!

BECAUSE PARKING IS LIMITED, PLEASE CONSIDER CAR POOLING TO THE EVENT OR MAKING SURE YOU ARRIVE EARLY.

OFFICIAL 2008 WONDERGIRL 5K ENTRY FORM

Name:

Age:

Email:

DOB:

Mailing Address:

Home Phone:

City:

State:

Zip:

Payment method: Cash Check # _____

T-shirt: YM YL S M L XL XXL

I am a current or a past participant of the GOTR Program at _____ (site).

NOTE: T-shirts are guaranteed for all parties who register before June 1. T-shirts will be available while supplies last after June 1.

Registration: Individual Family Pack (Please complete a form for each family member that is participating.)

PLEASE READ & SIGN: In consideration of my entry, I intending to legally bind myself and anyone entitled to act in my behalf, do hereby release and discharge Girls on the Run NJ East, the Borough of Madison, Madison Community Pool, Borough of Madison Police Department, Morris County Park and Recreation, Volunteers, and any and all Sponsors, Contributors, and Organizer from any and all liability arising from any illness, injury or damages I may suffer as a result of my participation in the Girls on the Run 5K events. I provide and certify my compliance by my signature below. If participant is under 18 years old, I certify by my signature that the child has permission to participate; is in good physical condition; and that officials may authorize emergency medical treatment in the event of injury or illness. I understand that there is no refund due to me for any reason. This release and waiver extends to all claims of every kind whatsoever foreseen and unforeseen, known and unknown.

Signature (Parent or Guardian if under 18)

Date

5K Information

REGISTRATION FEES*

	Before June 1	5K Day
Individual	\$20	\$25
Family Pack†	\$50	\$60

All girls registered in our Spring 2008 programs are free, but do need to complete race registration form for t-shirt size and waiver release signature.

*Entry fees are nonrefundable.

†Recommended for families of 4 or more.



REGISTER ONLINE AT:

www.active.com/event_detail.cfm?event_id=1574004

or use the link from our website @ girlsontherunnj.org

Race Packages (number bib, safety pins, t-shirt and goodies) may be picked up prior to the race. Picking up your race package guarantees that you will receive a race t-shirt. You may register on race day and receive your race package at that time, however only a limited number of T-shirts will be available on the actual day of the race.



PACKET PICK-UP DATES

Wednesday, June 4th 10am-8pm

Thursday, June 5th 10am-8pm

Friday, June 6th 10am-3pm

PACKET PICK-UP LOCATION:

THE SNEAKER FACTORY • 308 MILLBURN AVE • MILLBURN, NJ
CENTER OF DOWNTOWN MILLBURN NEXT TO TAYLOR PARK AT CORNERS OF MILLBURN AVE. AND LACKAWANA AVE.

RACE INFORMATION HOTLINE: (973) 376-6094



SUPPORT GIRLS ON THE RUN-NJ EAST!

The Sneaker Factory provides a 10% discount to all Girls on the Run participants. In addition, Sneaker Factory donates 10% of GOTR sales directly back to GOTR.

What is Girls on the Run?

Girls on the Run NJ East is a learning program designed just for girls. The innovative curriculum combines a 9 week training program with a 3.1 mile running event with self-esteem enhancing, uplifting workouts. Through each session participants learn how to make healthy decisions, resolve conflict, and understand the value of getting along in a group.

There are currently 15 sites and 3 counties served in GOTR NJ East and over 400 girls are enrolled in our Spring 2008 programs. We scholarship any girl who requests financial assistance.

ABOUT THE GIRLS ON THE RUN NJ EAST 5K

The Wondergirl 5K is the culminating event for the girls participating in the program. The proceeds from the Wondergirl 5K benefit young girls who may need financial assistance to participate in the program.

WANT TO HELP?

As a non-profit organization, Girls on the Run of NJ East relies on the support of individual donors and business partners to fund scholarships for our participants. If you would like to make a gift please call 973-379-5078 or email info@girlsontherunnj.org.

For information about volunteering for Girls on the Run or the Girls on the Run of NJ East 5K please call 973-379-5078, email info@girlsontherunnj.org or visit us online at girlsontherunnj.org.



RACE INFO

Parking and start at Madison Community Pool Course: Certified 5K course through Madison (mostly flat). Open to the community.

SCHEDULE

7:15am Late Registration
8:15am Race Begins
9:15am Music, Refreshments

JUNE 7TH, 2008 @ 8:15AM

Please come & run and show your support for these girls who have trained 10 weeks for this run.

T-SHIRTS FOR ALL REGISTRANTS. MEDALS FOR ALL KIDS UNDER 12.