

A Tribute to Frank Simms

# RUN FOR DAD™

support the fight against prostate cancer

## COURSE

USATF-certified park loop on roads and paved trails. Flat, fast, scenic; wooded and lakeside. Traffic free. 2 water stops.

## AWARDS\*

**5K Run:** 1st, 2nd, 3rd Overall, Male & Female  
 1st, 2nd, 3rd Prostate Cancer Survivor  
 1st, 2nd, 3rd In each age group  
**Walk & Kids' Run:** Ribbon to all finishers

## AGE GROUPS (5 year increments)

14 & Under to 75 & Over

## AMENITIES

Run For Dad T-shirt. Summer snacks. Gift for all survivors. Random prize drawings with a grand prize of a Boulder Mountain Bike provided by Hart's Cyclery & Fitness of Pennington, NJ; Trenton Thunder tickets; and much more!

## INFORMATION AND DIRECTIONS

609-895-0867 ext. 203 / (800) ACS-2345  
[www.OYMP.net](http://www.OYMP.net)

\*No duplicate awards

Free shoe bag to the first 200 runners who sign up on line!



## Father's Day

Sunday, June 15, 2008

Mercer County Park, West Windsor, NJ

## SCHEDULE

7:30 am Registration begins  
 9:00 am 5K Run & 2 Mile Walk  
 9:45 am Kids' Run For Dad

## REGISTRATION

To register yourself or a team:  
 By mail or online at  
<http://community.acsevents.org/runfordadNJ>  
 or [www.OYMP.net](http://www.OYMP.net)

## ENTRY FEES

5K Run or Walk by 6/9	\$18
USATF-NJ Member by 6/9	\$16
After 6/9 and on race day	\$20
Kids' Run For Dad	\$10



## OFFICIAL ENTRY FORM

## 5K RUN, 2 MILE WALK & KIDS' RUN FOR DAD

Male    **Yes, I am a prostate cancer survivor.**    Female  
 Sorry, I can't attend this year's Run for Dad. Please accept my contribution of    \$10    \$25    \$50    \$\_\_\_\_\_

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_

STREET \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_ AGE ON RACE DAY \_\_\_\_\_ 2008 USATF# \_\_\_\_\_

EVENT ENTERED (please check)    5K Run    2 Mile Walk    Kids' Run

ENTRY FEES (please check)    5K Run or Walk (by 6/9) **\$18**    5K Run or Walk (USATF-NJ by 6/9) **\$16**  
 5K Run or Walk (after 6/9) **\$20**    Kids' Run For Dad **\$10**

T-Shirt Size (please check adult or child and size)    ADULT    CHILD    S    M    L    XL

Waiver/Release: In consideration of this entry being accepted, I hereby for myself, heirs, executors, and administrators waive and release any claims I may have against the American Cancer Society, County of Mercer, Mercer County Parks Commission, On Your Mark Productions, their staff, officers, volunteers, sponsors, successors and assigns for injuries that may be suffered by me in this event. Further, I state that I am physically able to participate in the ACS Run For Dad.

Checks payable to  
 Run For Dad/ACS  
 Mail to ACS, 3076 Princeton Pike,  
 Lawrenceville, NJ 08648

Signature \_\_\_\_\_ Date \_\_\_\_\_ Signature of parent if under 18 \_\_\_\_\_