

~ ~ ~ TO BENEFIT THE COMMUNITY PROJECTS FUND ~ ~ ~

**Saturday  
June 7, 2008  
10:00 a.m.  
Fireman's Field  
Rockaway, New Jersey 07866**



**ROCKAWAY  
ROTARY**



Rockaway 5K 2008  
Rockaway, NJ

NJ08501JHP  
Expires 12/31/2018



**ALL MARKS ARE GIVE RELATIVE TO THE RUNNING DIRECTION**

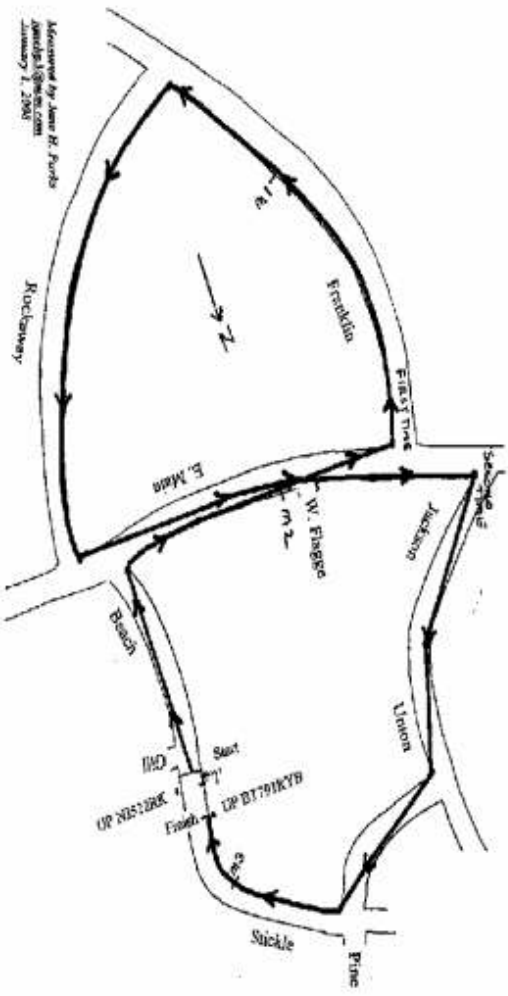
**Start:** On Beach St. north at Gill St., 7 feet before utility pole N15222RK on left and 150 feet south of the finish

**Mile 1:** On Franklin at leading edge of double windows on house #132 on left.

**Mile 2:** On E. Main before Flaggie St. in front of house #140 and 21 feet after utility pole RB714 on right.

**Mile 3:** On Beach St. 7.5 feet after utility pole RK317 on left.

**Finish:** On Beach St. at utility pole BT75LRXB on right which is in front of the Rockaway Fire Department building.



Adapted by Janet H. Parks  
Amelia 5K.com  
January 1, 2008



**ENTRY APPLICATION—MAKE CHECKS PAYABLE TO ROCKAWAY ROTARY**

Mail with Self-Addressed Stamped Envelope to: Rockaway Rotary, P.O. Box 234, Rockaway, NJ 07866

Date of Birth \_\_\_\_\_ USATF-NJ# \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ SEX M \_\_\_\_\_ F \_\_\_\_\_

Address \_\_\_\_\_ Phone ( \_\_\_\_\_ ) \_\_\_\_\_

Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

In consideration of your accepting this entry, I hereby waive and release any and all rights and claims to damage I may have against Race officials, the Borough of Rockaway, the Township of Rockaway, The Rockaway Rotary Club, Rockaway Borough and Rockaway Township Police, Fire and First Aid Squads, co-sponsors, USATF, USATF-NJ, their staff, officials and any representatives for any and all injuries by me in this event. I attest that I am in physical condition for this race and I grant the right to use my likeness in any photographic record of the 5K Run.

Runner Signature \_\_\_\_\_

Parent if under 18 \_\_\_\_\_

Date \_\_\_\_\_

**Rockaway Rotary 5k Run/Walk**  
**Saturday, June 7, 2008**  
**10 am Fireman's Field**  
**Rockaway, New Jersey 07866**

**USATF Certified, Figure**  
**Eight, Fun Course**  
**Two Water Stops**

**FREE T-SHIRT**  
to first  
**500 ENTRIES**

**AWARDS**

Gift Certificates from Area Merchants  
Top Three Men & Women Overall

Age Divisions: 12 & under, 12-14, 15-16, 17-19, 20-34,  
35-39, 40-44, etc., through all masters age divisions.

**David Fischer Memorial Award**  
To First Rockaway Male and Female Finisher

**FEES:**

**USATF-NJ Members** \$15.00

Pre-Registration by May 28, 2008 \$18.00

On-site Registration (begins at 9:00 a.m.) \$20.00

Or register at [www.raceforum.com](http://www.raceforum.com) or [www.compuscore.com](http://www.compuscore.com)

**Pre-entry Procedures:** Include a self-addressed stamped envelope with your application.  
Your bib number will be mailed to you.

**No Check-in Necessary. Pick up race T-shirt after you finish.**

**Timing by CompuScore**

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**Online personal race summary**

**HOTLINE NUMBERS**

973-625-8600

973-625-5056

**Directions to Fireman's Field:**

**From Route 80:** Take Exit 37. Bear to right at light at end of exit ramp. Turn left across from BP gas station onto Union St. Take quick first left onto Stickle Ave. Fireman's Field will be on your left.

**From Route 46 Westbound:** Take East Main Street; turn right onto Beach St. at D&M Auto Body. Fireman's Field will be on your right.

**From Route 46 Eastbound:** Take West Main Street through center of town. Turn left onto Beach St. after The Exchange Restaurant. Fireman's Field will be on your right.

This year, the Rotary will provide funding for various Rotary community projects, including the Pam Miller Scholarship and the family of Keith Idland.

Pam Miller was a senior in the Class of 2004 at Morris Hills High School. She was an academic standout and excelled in sports. In November of 2003, she collapsed and died during gym class from natural causes.

Keith Idland was born and raised in Lake Telemark. He joined the Rockaway Township Fire Department in January 1990, following in his Father's footsteps, who was a past Department Chief of the Rockaway Township Fire Department. Keith was an active member in the Nor-Bu Lodge and an active member in the Telemark Community Club. Keith passed away at age 35 while serving as Hibernia Fire Department Chief. Keith left behind his wife and 2 young children.

In addition to supporting the Pam Miller Fund and the family of Keith Idland, the Rotary supports various community projects. These projects include a fishing contest, maintaining the Gazebo at Park Lake, supporting local youth sports programs, providing scholarships, holding a Halloween parade for local youngsters, and other worthy causes that benefit both Rockaway Borough and Rockaway Township.

