

MERRY HEART 2008 COMMUNITY BENEFIT 5K RUN

Sponsored by the Merry Heart Senior Care Services



MONDAY, JUNE 2, 2008 - 7:00 p.m.



Eisenhower Middle School, Eyland Avenue, Succasunna

AWARDS: Top Man and Woman Overall.

- Awards to the top five men and women in 20 to 34 division.
- Top three in 35 to 39, and all masters five-year age divisions.
- Youth divisions: 10 & under, 11/12 13/14, 15/16, and 17 to 19.
- Special Awards to the first Roxbury Township Residents.

Don't wait to Post Enter! Fee is \$25.00!

RACE HOTLINE: 973-584-6709 or
madelinebost@verizon.net

Corporate & Club & Family TEAM COMPETITION: Men, Women and Coed divisions. Unlimited members (all pay) on team. Top three score. Teams must pre-register but add-ons allowed on race day. Family entry fee covers parents and dependent children only. No B teams.

Scoring by **CompuScore** using **ChampionChip Timing System**

Save money by Pre-entering.

Post entry fee will be \$25.00 for all.

Three choices of ENTRY PROCEDURES:

- **Mail to P O Box 458, Ironia, 07845**, by May 29.
- **Register at Runner's Haven at College Plaza Mall** on Route 10 East, Randolph through Saturday, May 31.
- **Register on-line at www.Active.com** up to 12:30 a.m., June 2nd

PRE-ENTRY FEES:

Non USATF-NJ member	\$ 17.00
USATF-NJ member	\$ 15.00
Roxbury residents	\$ 15.00
Family- Parents & Dependent Children	\$ 35.00

Post entry fee will be \$25.00 for all.

DJ music!

Bagged lunch courtesy of
Sandwiches Unlimited Lunch Box , Picnics Unlimited,
& Ledgewood and Wharton Farm
Ice Cream by Cliff's Dairy Maid

DIRECTIONS:

From the East – Take Rt. 10 West to (jug handle) left onto Eyland Avenue. School is ¼ mile on the right. Overflow parking is just past the school at Horseshoe Lake on the left.

From the West – Take Rt. 10 East to right turn onto Eyland Avenue. Then as above.

From the East on Rt. 80 – Take the Howard Blvd Exit to left onto Howard Blvd. At light on Rt. 46, go left. At first light go right onto Hillside. Left onto Rt. 10 Eastbound Then as above.

From the West on Rt. 80 – Take the Ledgewood Exit toward Rt. 10 East. Go right onto Eyland Avenue. Then as above.

COURSE: USATF certified. Mostly flat – Fast!

Great gifts from Sportcraft and Runner's Haven!
Random Prize Drawing. Must be present to win.
Gift Certificates from area merchants
More, More, More!

Proceeds will go to: RHS Project Graduation, Roxbury Day Care Center, Roxbury CARES, Roxbury Rescue Squad and Fire Department, Roxbury Explorers

Entry Application - Make check payable to Merry Heart 5K Run. Mail to P O Box 458, Ironia, NJ 07845

Or see above for other registration choices Date of Birth ___ ___ ___ 2008 USATF-NJ# _____

Name _____ Age/race day _____ Sex: M ___ F ___

Street Address _____ Phone _____

Town _____ State _____ Zip _____

Corporate, Family or Club Team Name _____ Category: Men ___ Women ___ Coed ___

Team Captain _____ Captain's Phone _____

In consideration of your accepting this entry, I hereby waive and release any and all rights and claims to damage I may have against Race officials, the town of Roxbury, Roxbury Board of Education, Merry Heart Health Care, their staff, USATF-NJ, and any representatives for any and all injuries by me in this event.

(Signature or Parents signature if under 18)

Date