

**The Fabulous Feat  
5K & 1 Mile  
Fun Run**

*Benefiting  
The Breast Cancer  
3•Day*

June 29, 2008

**SUNDAY  
JUNE 29, 2008**

**Help Us  
Help Others.  
One Step at a Time.**

**Benefiting the Breast Cancer 3•Day**

**Location:** Veterans Park  
Hamilton Township, NJ 08690

**Schedule:** 7:30 am Registration-all participants  
8:30 am Start 1 Mile Fun Run/Walk  
9:00 am Start 5K

**Entry Fees:** \$20 if registered prior to June 21, 2008  
\$18 pre-registration USATF-NJ Members  
\$25 after June 21, 2008 or day of race

**Extras:** T-Shirt for all participants  
Prizes for top 3 M & F 5K finishers  
Prizes for top 3 M & F finishers 14 and under,  
15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Prizes for all 1 Mile Fun Run/Walk finishers  
Post race refreshments  
Post race merchandise raffle for all entrants  
Post race goodie bags

**Course:** USATF Certified/Grand Prix  
Scenic, traffic-free, relatively flat park course

**Timing:** Baldasari & Leestma  
Race Management

**Directions:** Take Route 195 to exit #3B - Hamilton Square. First light make a LEFT onto KUSER ROAD.  
Entrance to the park is on RIGHT approx. 1/2 mile

**To Register:** *Mail checks and form below to:*  
Marcy Pallop  
Premier Physical Therapy  
300 Route 571, Building A, Suite 201  
East Windsor, NJ 08520

**Questions:** Please call Marcy at  
Premier Physical Therapy,  
609.426.4442 or email  
premier5k@aol.com

*Online:* [www.raceforum.com/fabulousfeat](http://www.raceforum.com/fabulousfeat) or [www.practicehard.com](http://www.practicehard.com)



Make checks payable to: **Premier Physical Therapy**

*Please Print Clearly*

**Event** (circle): 1 Mile Fun Run/Walk • 5k | **Sex** (circle): M • F | **Adult T-shirt size** (circle): S • M • L • XL

Name \_\_\_\_\_ Phone \_\_\_\_\_ Age (Day of race) \_\_\_\_\_

Address \_\_\_\_\_ DOB \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ USATF NJ# \_\_\_\_\_

In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against officials or sponsors for Premier Physical Therapy's The Fabulous Feat 5K Run and 1 Mile Fun Run/Walk for injury or illness which may directly or indirectly result from participation. I further state that I am in proper condition to participate in this event. In addition, I grant use of my name and/or photograph in accounts of this event.

Signature \_\_\_\_\_ Date \_\_\_\_\_

*(Parent or guardian if under 18 years of age)*

