

8th Annual

Sunday, April 13, 2008

Run for Rachel

Raising Awareness of Domestic Violence

2008



USATF-
New Jersey
Women's
Open 5K
Championship

5k Run

3k Walk

Kids' Run for Rachel

Memorial Oval, Livingston

EVENTS:

LOCATION:

SCHEDULE:



Rain or Shine

REGISTRATION:

5K Run • 3K Walk • Kids' Run (ages 2-11. 25-200 yards)

Memorial Oval, Livingston, NJ

Day of Registration/ Packet Pick-up: 7:45am - 9:15am

(Kids' Run until 10:15am)

Start times: 5K - 9:30am • 3K Walk - 9:40am

Kids' Run - 10:30am

By mail until April 7, 2008 or online at www.ACTIVE.com

\$17.00, USATF members: by April 7

\$20.00, Pre-registration (by April 7)

\$23.00, After April 7 and on race day

Kids' Run - \$7.00

www.RaceForum.com/Ra

COURSE:

5K • USATF certified, out and back, flat and rolling, residential

Mile clocks • Water stops • USATF NBGP 700 point event

Race direction by On Your Mark Productions (www.OYMP.net)

Results by COMPUSCORE (www.compucore.com)

PRIZE MONEY:

Women (USATF-NJ members only): 1st - \$300; 2nd - \$250;

3rd \$200; 4th \$150; 5th \$125; 6th \$100; 7th \$75

AWARDS:

Top three overall and age groups, male & female

Top Livingston residents, male & female

Prizes to adult, child & team who raise the most pledge money

5K AGE GROUPS:

14 & Under to 80 & Over in 5 year Increments

AMENITIES:

- T-shirts guaranteed to all pre-registrants and post registrants while supplies last!
- GOODIE BAG - Pre-registrants only - REGISTER EARLY!
- RANDOM PRIZE DRAWINGS

NAME: _____ PHONE: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

E-MAIL: _____ '08 USATF #: _____

SEX (Circle one): Male Female Age (On race day): _____ Date of Birth: _____

EVENT ENTERED (Check one only): 5K _____ 3K Walk (all ages) _____ Kids' Run (ages 2 - 11) _____

Are you part of a pledge team? _____ Team Name _____

Check and circle whichever applies:

_____ \$17.00 (USATF members; by April 7, 2008 - T-shirt) S M L XL

_____ \$20.00 Pre-registration (by April 7, 2008 - T-shirt) S M L XL

_____ \$23.00 After April 7, 2008 and on race day S M L XL

_____ \$7.00 Kids' Run For Rachel Youth S Youth M Youth L

_____ \$ Enclosed is an additional donation of _____ (optional)

Checks Payable to "Rachel Coalition."

Mail to: Run for Rachel, Rachel Coalition, 256 Columbia Turnpike, Florham Park, NJ 07932

Payment enclosed \$ _____ MC VISA Amex

Acct# _____ Exp. Date _____ Security Code _____

FOR ADDITIONAL INFORMATION CONTACT RUN FOR RACHEL AT (973) 765-9050 ext. 400

or visit www.jfsmetrowest.org

WAIVER/RELEASE

In consideration of this entry being accepted, I hereby waive and release any claims against Rachel Coalition, the Township of Livingston, the Livingston Board of Education, LMAC, On Your Mark Productions, their staff, officers, volunteers, successors, and assignors for injuries that may be suffered by me in this event. Further, I confirm that I am physically able to participate in this event and grant the right to use my likeness in any photographic record of the Run for Rachel.

Signed _____ Date _____

Parent/Guardian signature if participant is under 18 years of age.



**Women's Open 5K
Championship**