

The Jamesburg Revitalization Coalition, Inc. presents:

A RunnersMecca Event

# The Bucklew 5K

Saturday, September 8, 2007

**Where:** Thompson Park Jamesburg, New Jersey

**Directions:** NJ Turnpike Exit 8A Rt. 32 E. (Forsgate Drive) to Thompson Park.  
Park by the lake near the zoo.



## Schedule:

**Registration:** 7:30am at the cabin  
near the sledding hill

**Race Start:** Time 8:30am

**Awards Ceremony:** 9:45am

10 year ages groups for 10 and under to 70+

## Entry Fees:

\$20.00 per person pre-registration

(postmarked by 9/3/07)

(on-line at active.com by 9/5/07)

\$25.00 day of race

## Paid registration includes:

T-Shirt, Beverages, Post Race Food & Goody Bag

Proceeds after expenses will benefit the  
Jamesburg Revitalization Coalition, Inc., (NJ  
501(c).3 Not for Profit)

The course, which is entirely within Thompson Park, will be a challenge to runners and walkers of all skill levels.

## Sponsored by:

The Well Being: [www.beingwellnaturally.com](http://www.beingwellnaturally.com)

Monroe Chiropractic Care: [monroechirocare.com](http://monroechirocare.com)

**Thanks and have a great race!**

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## Official Entry Form

Mail completed form with check made payable to JRC Inc. to:

15 Railroad Ave, Jamesburg, NJ 08831

For more info call: 732-521-1333

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Male  Female  Age on Race Day: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

### Waiver/Release:

I, the undersigned, know that running is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with running, including but not limited to falls, contact with other runners, the effects of the weather, including high heat and humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of my entry, I for myself and anyone entitled to act on my behalf, waive and release, the race directors, and all organizing committees, representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_

(by guardian if under 18)