

INTEGRITY HOUSE

Presents . . .

THE NEWARK CORPORATE RUN

5K Team and Individual Race

(walkers welcome)

Wednesday, October 3, 2007

Start Time:
12:15 pm

Start and Finish:
Washington Park—Broad Street, Newark

Entry Fee:

\$15.00 Pre-Registration

\$13 USATF-NJ Members pre-register
Pre-registration cutoff: Monday 10/1
\$20.00 Race Day Registration

No additional fee for team entries.

LAST DAY FOR TEAM

REGISTRATION IS MONDAY 10/1

Make checks payable to:

Integrity, Inc.

All registered runners receive a specially designed LONG SLEEVE 100% COTTON T-SHIRT and a FREE LUNCH.
(while supplies last)

Registration for Teams and Individuals

If you are running as part of a team, each team member must fill out and sign an entry form. You may make copies of the entry form for other team members. Make sure to staple each team's entry forms together. Entry forms and fees are to be mailed to:

Newark Corporate Run

c/o Sneaker Factory

PO Box 150

Millburn, New Jersey 07041

Race Day Registration

There will be no race day registration for teams. Race day registration will be available for individuals starting at 10:30am in Washington Park.

Race Packet Pick-up

Race packets may be picked up on Monday, October 1 and Tuesday, October 2 at the Sneaker Factory at 308 Millburn Avenue, Millburn, New Jersey or at Washington Park on race day beginning at 10:30am. TEAM PACKETS MUST BE PICKED UP BY MONDAY, 10/1.

Post Race Refreshments

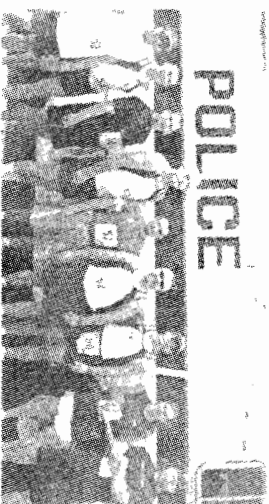
Following the race, a selection of fresh fruit, juice and sandwiches will be served to all runners. Just show your race number for admission.

For additional Race Information call:

Race Hotline 973-376-6094

Susan Lyons 973-623-7246

Fax 973-376-6094



Awards

Awards ceremony immediately following the race.

Individuals: Awards will be presented to the top three males and females overall and age-group finishers in six age categories.

Teams: Awards will be presented to the top three male, female and co-ed teams.

Age Groups

19 & under	40 - 49
20 - 29	50 - 59
30 - 39	60 & over

Team Rules

- Any business or corporation may enter.
- Companies may enter as many teams as they want in male, female and co-ed divisions.
- Teams must have a minimum of 3 members. There is no maximum number of runners on each team.
- Team members must work a minimum of 20 hours per week for their respective company.

***Post cards with your individual results will be mailed to each finisher.**

Directions to

Washington Park, Newark:

Take the Garden State Parkway to Route 280 East. Follow signs for Harrison (stay to the right). Take Martin Luther King Boulevard Exit. Turn right at the bottom of the ramp. Go to the third traffic light (Central Avenue) and turn left. Washington Street is the second traffic light. Turn left on Washington Street and proceed to Washington Park. Pay parking lots are available throughout the area.



Presents

THE NEWARK CORPORATE RUN

5-K

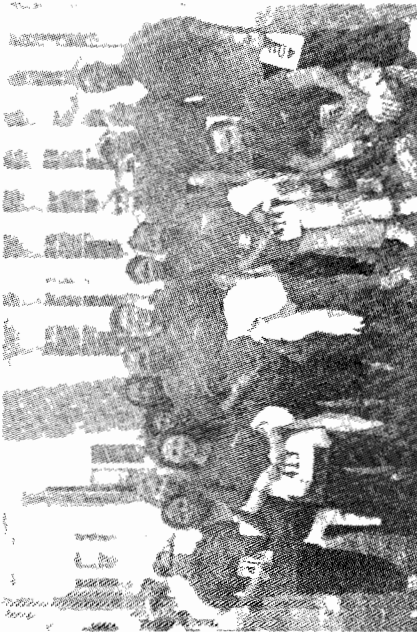
TEAM & INDIVIDUAL RACE



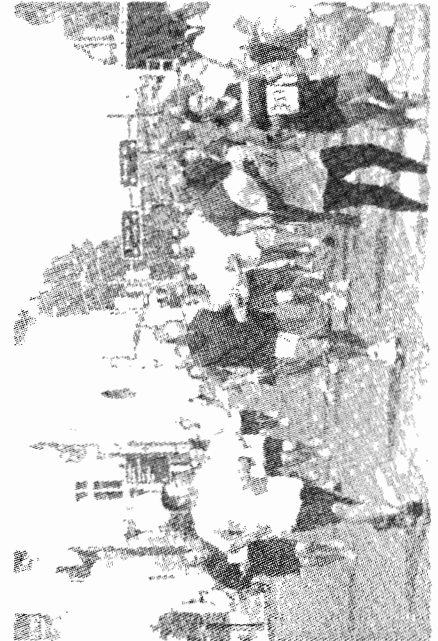
October 3, 2007
12:15 pm
Washington Park
Newark



... a Proud
Sponsor



*Proceeds of The Newark Corporate
Run benefit the programs of Integrity
House,
a nonprofit organization which has
provided substance abuse treatment and*



Official Use Only		

ENTRY FORM

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2007 USATF # (if applicable)

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Last Name

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First Name

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Sex

--	--

Age Race Day

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DOB

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Address / Apt.

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City

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State

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Zip

Phone							
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Name of Team

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Name of Team Captain

Type Of Team (Circle One)
<input type="radio"/> M
<input type="radio"/> F
<input type="radio"/> CO-ED

SHIRT SIZE (circle one):	<input type="radio"/> S	<input type="radio"/> M	<input type="radio"/> L	<input type="radio"/> XL
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SEPARATE APPLICATION AND ENTRY FEE REQUIRED FOR EACH RACE

In consideration of this application, I hereby for myself, heirs, executors and administrators waive and release any claim I may have against Integrity Inc., its officers and trustees, the organizing committee, USATF-NJ, the sponsoring organizations, the City of Newark or their representatives, successors or assignees for any and all injuries that may be suffered by me in this event. I certify I am in good physical condition. I further agree that the above-named sponsors are under no obligation to provide a physical examination of other evidence of my fitness to participate in this event, the same being my responsibility.

Parent's signature if under 18