

REGISTER EARLY - 5K REGISTRATION OPEN TO FIRST 500 REGISTRANTS



# Maplewood in Motion

5k RUN AT 9 A.M. / KIDS FUN RUN At 10 A.M.

7th annual!

**SUNDAY OCT.21**

**ONLINE REGISTRATION and Information:** <http://maplewoodinmotion.wikispaces.com>

**WHEN** (rain or shine)

Sunday, October 21, 2007

**9:00 A.M. - 5K Race**

**10:00 A.M. - Kids Fun Run**

**WHERE**

Certified loop course: STARTS and FINISHES at Maplewood Theater, across from Ricalton Square in the center of Maplewood, NJ. Water station at 2-mile mark.

**REGISTRATION**

T-Shirt included (in advance, while supplies last). Payment is non-refundable. 5K Run - \$17 **pre-entry\*** (\*postmarked by October 5, 2007), \$20 until Saturday, October 20, **\$22 ON RACE DAY.**

Kids Fun Run - \$10 **pre-entry\***, \$12 **thereafter.**

(Fun Run intervals for age groups 3 years and up, at parents discretion).

**BENEFICIARY**

Funds raised will be donated to **EVER UPWARD! - The Campaign for Underhill** (a.k.a. the CHSAA Field Renovation Project). This project entails the renovation of Underhill field and track, including installation of turf.

For more information, see: <http://www.columbia-alumni.org/CHSAACapitalCampaignforFieldRenovations.htm> .

**PACKET PICKUP**

Sat., Oct. 20 (**day before race**) - 9-11 AM at the **Recreation Department** Civic House, in Memorial Park, on Dunnell Road across from Maplewood Police Station. On race day, pickup is at Ricalton Square Park (town side of train station) starting at 7:30 AM, ending *promptly* at 8:40 AM.

**AWARDS**

1<sup>st</sup>/2<sup>nd</sup>/3<sup>rd</sup> place male & female. Results at [www.compuscore.com](http://www.compuscore.com). Medals for all Fun-Run participants.

**SPONSORS**

Township of Maplewood-Department of Recreation and Cultural Affairs; Bagel Chateau; Brinton Brosius Inc.; Calvin Klein Sport; Cent'Anni Restaurant & Bar; Cougar Soccer Club; Dave Garaban; Diageo; Dr. Mitchel Kaiser-Chiropractic Physician; Foot Locker; Jaguar Track; Kings Super Markets; Kevin F. Muench DMD; Maplewood Lacrosse; Maplewood Lions Club, Maplewood Rotary; Martin's Pretzels; Motion Fitness Club; Porzio, Bromberg & Newman, P.C.; Rosen Group Architecture|Design; South Orange Elks; St. James's Gate Publick House; Summit Physical Therapy of Union; Whole Foods Market.

**VOLUNTEER TO HELP**

Contact Monica Mangan by email at: [monicainmotion@yahoo.com](mailto:monicainmotion@yahoo.com).

**Maplewood in Motion - Official Entry Form**

(for additional forms or ONLINE registration, visit <http://maplewoodinmotion.wikispaces.com>)

**Make Check Payable to:**

**Maplewood in Motion**

(mail no later than Sat. 10/13, or drop

**Send to:**

PO BOX 1406

at Rec. Dept. Civic House in Memorial

Maplewood, NJ 07040

Park no later than Wed. 10/17).

\_\_\_\_\_  
Last Name                                      First Name                                      Sex                                      Age on Race Day

\_\_\_\_\_  
Address: Street                                      City                                      State                                      Zip Code

\_\_\_\_\_  
Phone Number                                      E-mail                                      T-Shirt Size (circle one)                                      Race: 5k or Kids Run (circle one)  
Youth: M L Adult: M L XL

WAIVER/RELEASE: In consideration of this entry being accepted for participation in this event, I personally assume all risks in connection with my participation. I hereby, for myself, heirs, executors and administrators, successors and assigns do release Maplewood in Motion, its agents, representatives and the like, the Township of Maplewood, Maplewood Department of Recreation and Cultural Affairs, any entity or person affiliated with the race, sponsors, donors and their representatives and successors from any and all claim for injury or damage which may occur due to my participating in this race. I have signed the release freely and voluntarily with a full understanding of its contents, having read it in full and acknowledge by my signature that I am bound by it. I also confirm that I am physically fit and qualified to participate in this race and I am at least 18 years of age or have had this signed by my guardian if I have not yet reached the age of 18.

\_\_\_\_\_  
Signature                                      (Parent/Guardian signature if under 18 years of age)                                      Date

How did you hear about our run? Circle one: E-mail    Internet    Friend    Poster    School    Handout