

AMBS  
Reindeer Run



# AMBS Reindeer Run

## 6th Annual 5K Run & 1 Mile Fun Run

Saturday December 1, 2007

Formerly known as the Jingle Bell Run

**Location:**

Academy of the Most Blessed  
785 Franklin Lake Road, Franklin Lakes, NJ

**Registration:** By mail or online at  
www.ambsreindeerrun.net or www.ACTIVE.com  
or www.RaceForum.com/reindeer

**Schedule:**

■ **Registration:** November 30th 5:30 p.m. – 7:00 p.m.  
December 1st 8:00 a.m.

■ **5K Run:** 9:30 a.m.  
USATF certified  
USATF New Jersey 500 Point Grand Prix Event

■ **1 Mile Fun Run:** 10:30 a.m.

■ **Awards Presentation:** 10:45 a.m.  
Top 1, 2, 3 overall, male and female and in 5 year  
age groups. Ribbons for Fun Run participants.

**Amenities:** DJ & Refreshments in a family friendly  
environment. Long sleeve T-shirts for 5K. Short sleeve  
T-shirts for Fun Run. Indoor registration and festivities.

**Directions:**

Route 287 (N or S) – Exit 59 (Franklin Lakes/Route 208) – Exit High Mountain Road/Colonial Road) – Left at bottom of exit ramp – AMBS 1 mile on left  
Garden State Parkway (N or S) to Route 4 to Route 208 – Exit Ewing Avenue – Left onto Ewing- First Light Right onto Franklin Lake Road – AMBS ½ mile on right



For Additional Information:  
www.ambsreindeerrun.com  
www.OYMP.net  
or  
Call 201.258.1001

Are you a returning runner? Yes \_\_\_\_\_ No \_\_\_\_\_  
last name first name

street city

state zip phone

date of birth age on race day 2007 USATF#

email: sex: \_\_\_\_\_ Event Entered: 5K \_\_\_\_\_ Fun Run \_\_\_\_\_

Please make checks payable to:  
AMBS- HAP Reindeer Run  
P.O. Box 434, Franklin Lakes, NJ 07417

Event	Entry Fee	Number
5K	\$18 by 11/26	_____
	\$16 USATF by 11/26	_____
	\$20 after 11/26	_____
Fun Run	\$10	_____

In consideration of this entry being accepted, I hereby for myself, heirs, executors and administrators, waive and release any claims I may have against Most Blessed Sacrament Church and Academy, Borough of Franklin Lakes and On Your Mark Productions for injury or damage which may occur due to my participation in this race.

Signature (parent or guardian if under 18) date \_\_\_\_\_