

# Monday, June 11, 2007



## 5K Run ~ Fitness Walk

### 5000 Strides... A 5K for the American Family

#### SCHEDULE

5:15pm Registration & Packet Pick-up  
 7:15pm 2 Mile Fitness Walk  
 7:15pm 5000 Strides 5K Run  
 8:00pm Strides Kid's Run  
 8:00pm Awards

#### LOCATION

Ginty Field Complex, Woodland Avenue,  
 Morris Twp., NJ

#### REGISTRATION

By mail or online at [www.practicehard.com](http://www.practicehard.com)  
 or [www.RaceForum.com/5000](http://www.RaceForum.com/5000)

#### ENTRY FEES

\$15 by June 6<sup>th</sup>  
 \$13 (USATF) by June 6<sup>th</sup>  
 \$18 After June 6<sup>th</sup> and on race day

#### COURSE

USATF Certified. Flat with one hill on local roads in Morris Township. Mile Clocks, 2 water stops.

#### AWARDS

1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Overall, Male & Female and age groups

#### AGE GROUPS

5 years - 14 & under to 75 & over

#### AMENITIES

5000 Strides Tee, Kids Tees, Goodies DJ, Prize Drawing

#### INFORMATION AND DIRECTIONS

By OYMP [www.OYMP.net](http://www.OYMP.net) [mzrace@oymp.net](mailto:mzrace@oymp.net)  
 732-381-0318



New Jersey  
 Grand Prix Event  
 500 Points



Reproductive Medicine Associates of New Jersey

## RANDOM CASH SERIES

foundation for advanced reproductive science

REGISTER FOR 5,000 STRIDES ON JUNE 11 AND THE LAWYERS FOR KIDS 5K (ON JULY 12) AND BE ELIGIBLE FOR A CASH RANDOM DRAWING.....YOU MUST ENTER BOTH.....THREE RANDOM WINNERS WILL BE PULLED ON JULY 6.....CASH PRIZES \$500, \$200, \$100

Entry Fees (circle one) 5K Run & 2 Mile Walk  
 \_\_\_\$15 Pre-Registration before June 6, 2007  
 \_\_\_\$18 Post-Registration after June 6, 2007

USATF Members  
 \_\_\_\$13 Pre-Registration before June 6, 2007  
 \_\_\_\$18 Post-Registration after June 6, 2007

\_\_\_\$7 Kid's Run

Name \_\_\_\_\_ Telephone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age (on race day) \_\_\_\_\_ Sex \_\_\_\_\_

Email \_\_\_\_\_ 2007 USATF# \_\_\_\_\_

Make checks payable and mail to:  
 OYMP, P.O.Box 738, Clark, NJ 07066

Tee Shirt (Check one)  
 Size \_\_\_Med \_\_\_Large \_\_\_X-Large

Kids Tee  
 Size \_\_\_Y-Small \_\_\_Y-Med \_\_\_Y-Large

#### Please Check Event

\_\_\_5K \_\_\_2 Mile Walk \_\_\_Kids Run

**Waiver/Release:** In consideration of this entry being accepted, I hereby for myself, heirs, executors and administrators, waive and release all claims and causes of action I may against RMA, Morris Township, Morris County Parks, On Your Mark Productions and any and all parties involved in the 5000 Strides, for injuries that I may suffer and for any other loss or liability connected with the event. I certify that I am physically able to participate in the event and grant permission to use my likeness in any photographic record of 5000 Strides... A 5K for the American Family.

Signature \_\_\_\_\_ Date \_\_\_\_\_ Parent/guardian signature if participant is under 18 years of age \_\_\_\_\_