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**Commerce Bank** & **The Cranford Jaycees**  
present



# Firecracker 4 Miler 2007

All 4-Milers  
registered by June 10th will  
receive a commemorative  
pint glass in addition to  
their T-Shirt

**A Four Mile Race and One Mile Fun Run**  
"One of the Summer's Best Road Races"  
Bring the family!

Additional (Free!) Activities:  
Face Painting • Popcorn • Balloons • DJ Music  
Ice Cream

## JULY 4, 2007

Fun Run: 9:00 am  
Four Miler: 9:30 am

## RACE INFORMATION

The 28th Annual Firecracker Four Mile Run. Come out and join one of North Jersey's finest running events. A fast, flat USATF Certified scenic course with mile splits and water stops. Tree lined streets and bike trail. After the race enjoy refreshments, music, popcorn, balloons, and face painting. Raffles will be held and prizes awarded during post race festivities. Bring the entire family to cheer you on!

Start/Finish at Nomahegan Park. Garden State Parkway Exit 137. Turn right onto Rt. 28. Go 3/4 mile, turn right onto Springfield Ave. Go 1 mile. Park at Union County College on the left. Walk across to park. Restrooms available.

Scoring by Compuscore, featuring Championship timing. All four-mile finishers will receive a postcard with overall and complete results.

"Day-of" Registration and T-Shirt pickup begins at 7:45 am. Four Mile - \$17.00 (postmarked by June 29, 2006) includes T-Shirt (All 4-Milers pre-registered by June 10th will be guaranteed a commemorative pint glass.) Fun Run - \$7.00 includes T-Shirt  
Post Registration Fee:  
Four Mile - \$20.00 includes T-Shirt while supply lasts.  
Fun Run - \$10.00 includes T-Shirt while supply lasts.

## PRIZE CATEGORIES

Age Groups (Male and Female):  
13 & under, 14-19, 20-29, 30-34, 35-39, 40-44,  
45-49, 50-54, 55-59, 60-64, 65-69,  
70 & better!

Partner Categories (choose only one)  
Husband-Wife, Parent-Daughter, Parent-Son,  
Couple (M-F)

All Partner Categories must be pre-registered.

All Fun Run finishers 12 & under will receive ribbons.

## REGISTER ONLINE



(search running, firecracker, 07016)

Please direct race related questions to:  
firecracker4\_2007@yahoo.com

## FOUR MILE AWARDS

Dr. Frank W. Krause Trophy to first male and female finishers.  
Dr. Arthur J. Bilenker Runners-up Award to second male and female finishers.  
Dr. John Williams Trophy to first male and female Cranford resident.

Merchandise Prizes  
Top two finishers in each group  
First place team in each Partner category

## CHECKS

Make all checks payable to the CRANFORD JAYCEES

Mail to:  
Firecracker 4  
412 Lexington Ave.  
Cranford, NJ 07016

Must be postmarked by June 29, 2006

## ENTRY FORM

(Please check one)

Four Miler

Fun Run

Last Name

First Name

Mailing Address - Street (Include Apt. Number)

City

State

Zip Code

Email Address (Note - Email address will ONLY be used for Road Race confirmation, Road Race related news, and future Road Race applications.)

Sex

Age

T-Shirt (Adult Sizes)

S

M

L

XL

Partner Prize Categories: Pick only one. Both entries must be received together.

Husband-Wife

Parent-Son

Couple (M-F)

Parent-Daughter

Would you like to make a donation to the Cranford Jaycees High School Scholarship Fund?

\$5  \$10  \$25  Other

We thank you for your continued support!

In consideration of the acceptance of this entry, I hereby waive all claims for damages or injury I may have against the Cranford Jaycees, the Town of Cranford, Sponsors, and any other persons connected with the race. I also certify that I am in physical condition to complete this race.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature (if under 18) \_\_\_\_\_

Mail to: Race Director, Firecracker 4, 412 Lexington Ave., Cranford, NJ 07016

4 Miler: \$17.00 Pre \$20.00 Post

1 Mile Fun Run: \$7.00 Pre \$10.00 Post