

The Westfield Recreation Department & The Optimist Club Present

The 17th ANNUAL FIVE MILER & FUN RUN

SATURDAY, APRIL 21, 2006 (RAIN or SHINE)

> All proceeds to benefit Project Graduation <

Online Registration Available!

RACE TIMES: 1 Mile Fun Run-9:00AM (totally within park) 5-Miler- Promptly at 9:30AM

COURSE: Fast and flat USATF certified course which winds through the streets of Westfield beginning and ending in Tamaques Park. Mile markers, splits, and water stations will be provided.

SCORING & TIMING: Postcard results mailed to each participant in the 5-Miler provided by Compuscore of New Providence, New Jersey.

5-MILER FEE: \$15 Early Registration (Until April 16th) / \$20 Registration (4/17 through Race Day)

FUN RUN FEE: \$5 Early Registration (Until April 16th) / \$10 Registration (4/17 through Race Day)

New!

ONLINE REGISTRATION AVAILABLE ON THE RACE FORUM WEBSITE: www.raceforum.com (Click on: "Events 2007")

All fees are non-refundable! Make all checks payable to Westfield Recreation Department and send to 425 East Broad Street, Westfield, New Jersey 07090. Year 2007 custom designed short-sleeved shirts to all Pre-Registered participants of the 5-Miler. **Post registration and packet pick-up begin at 7:30am on race day.**

AWARDS: Fun Run: Ribbons to all participants and race shirts awarded to first overall male and female runners. 5-Miler: Trophy to first overall male and female winners. Awards to 1st, 2nd and 3rd place male and female finishers in each age group: 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60 & over.

INFORMATION: The Westfield Recreation Department-(908) 789-4080 Mon.-Fri. 8:30 am-4:30 pm Recreation Department's Website: www.westfieldnj.gov/recreation

RESTRICTIONS: In-line blades, skates, and baby strollers are NOT ALLOWED in this event.

PARKING IS LIMITED IN THE PARK

DIRECTIONS:

GARDEN STATE PARKWAY FROM NORTH & SOUTH - EXIT 135: After exiting Parkway, follow signs to Westfield (Central Ave). Go to 2nd traffic light and make left onto Terminal Rd. Go to end. Make right at light onto Westfield Ave. (Turns into Rahway Ave.) Cross over tracks and make first left onto Lamberts Mill Rd. The entrance to Tamaques park will be around the curve on the right. ROUTE 22 FROM EAST & WEST TO TERRILL ROAD EXIT: Use Terrill Road, Scotch Plains exit. Go through Scotch Plains about 3 miles until Terrill becomes Raritan Road. Proceed to Lamberts Mill Road, turn right. Tamaques Park entrance is on your left.

Detach & Mail with check to: Westfield Recreation Department, 425 East Broad St., Westfield, NJ 07090 Attn: Race Director



Registration form fields: (Last Name), (First Name), (Sex), (Street), (City), (State), (Zip), (Phone), Race: (circle one) 5-MILER FUN RUN

SHIRT SIZE: (CIRCLE ONE) M L XL AGE: DATE OF BIRTH:

In consideration of this entry being accepted, I hereby for myself, heirs, executors and administrators waive and release any claims that I may have against the Town of Westfield, the Westfield Recreation Commission, or any of its employees and all sponsors or their representatives, successors, or assignees for any injury that may be suffered by me in this event. I also give permission for the use of my name and/or picture in any newspaper, broadcast, telecast or other account of this event. I certify that I am in physical condition to participate in this event.

(Signature) DATE: (Parent Signature if under 18) DATE: