

**SCHEDULE:** 8:15 a.m. – 9:45 a.m. Registration  
 10:00 a.m. 5K & Walk Start  
 11:15 a.m. Awards Ceremony

**REGISTRATION:** By mail or online at [www.ACTIVE.com](http://www.ACTIVE.com)

**ENTRY FEES:** Pre-Registration \$17.00 by 4/9/07  
 USATF-NJ \$15.00 by 4/9/07  
 Post-Registration \$20.00

**COURSE:** Double loop park course, primarily shaded and all traffic free. USATF certified. Water Stop. Split Times.

**AWARDS:** 1,2,3 overall, male and female  
 1,2,3 age groups, male and female

**RESULTS BY:** [www.compuscore.com](http://www.compuscore.com)

**AGE GROUPS:** 5 year: 14 & Under to 75 & Over

**INFO:** (973) 535-1181 ext. 1230  
[www.OYMP.net](http://www.OYMP.net)

**AMENITIES:** Building Tomorrows T-shirt,  
 Refreshments, Random Prizes

**DIRECTIONS:** From Garden State Parkway South  
 Exit 151- Watchung Avenue. Make right off the exit ramp towards Bloomfield/ Montclair. Right onto Broad Street. Left onto Broad Street continuance. Bear left onto Bellevue Avenue. Left into Brookdale Park.

From Garden State Parkway North:  
 Exit 151 - Watchung Avenue. Make left off the exit ramp. Follow to 5th light. Right onto Broad Street. Left onto Broad Street continuance. Bear left onto Bellevue Avenue. Left into Brookdale Park.

# 9th Annual Building Tomorrows

## Tomorrows

5K Run/ 2 Mile Walk  
 Saturday, April 14, 2007  
 Brookdale Park  
 Bloomfield, NJ



### AWARDS & PRIZES

When you raise money for The ARC of Essex County, you can earn fabulous prizes. We will allow two friends or family members to combine pledges for the awards.

### 2007 Building Tomorrows 5K ... Official Entry Form

Name \_\_\_\_\_ Phone \_\_\_\_\_ Sex ( circle one ) M F  
 Address \_\_\_\_\_ Age (on race day) \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Date of Birth \_\_\_\_\_  
 Email Address \_\_\_\_\_ '07 USATF # \_\_\_\_\_

Event(circle): 5k Walk T-shirt (5K) S M L XL

#### Entry Fees(please check)

\$17 pre registration  \$15 USATF Member  \$20 on race day

Checks payable to:  
 ARC of Essex County,  
 123 Naylor Avenue  
 Livingston, NJ 07039

In consideration of this entry being accepted, I hereby waive and release any and all rights and claims to damage that I may have against race officials, The ARC of Essex County, staff, volunteers, and representatives for any and all injuries that I may sustain in this event. I acknowledge that I have fully read this form, and fully understand the terms and conditions contained herein. I further understand that entry fees are not refundable. I agree not to hold The ARC of Essex County responsible for any publicity used concerning this event and I grant the right to use any likeness in any photographic reward of this event.

Signed \_\_\_\_\_ Parent/Guardian Signature if participant is under 18 years of age. Date \_\_\_\_\_

For office use only:  Cash \$ \_\_\_\_\_  Check \$ \_\_\_\_\_ # \_\_\_\_\_  FW