

7th Annual Run for Rachel

Raising Awareness of Domestic Violence

2007



5k Run
3k Walk
Kids' Run for Rachel

Sunday, April 29, 2007
Memorial Oval, Livingston

EVENTS: 5K Run • 3K Walk • Kids' Run (ages 2-11. 25-200 yards)
LOCATION: Memorial Oval, Livingston, NJ
SCHEDULE: Day of Registration/ Packet Pick-up: 7:45am - 9:15am (Kids' Run until 10:15am)
 Start times: 5K - 9:30am • 3K Walk - 9:40am
 Kids' Run - 10:30am
REGISTRATION: By mail until April 23, 2007 or online at www.ACTIVE.com or www.RaceForum.com
 \$17.00, USATF members: by April 23
 \$20.00, Pre-registration (by April 23)
 \$23.00, After April 23 and on race day
 Kids' Run - \$7.00
COURSE: 5K • USATF certified, out and back, flat and rolling, residential
 Mile clocks • Water stops • USATF NBGP 700 point event
 Race direction by *On Your Mark Productions* (www.OYMP.net)
 Results by *COMPUSCORE* (www.compucore.com)
PRIZE MONEY: Women (USATF-NJ members only): 1st - \$300; 2nd - \$250;
 3rd - \$200; 4th - \$150; 5th - \$125; 6th - \$100; 7th - \$75
AWARDS: Top three overall and age groups, male & female
 Top Livingston residents, male & female
 Ribbons to all Walk and Kids' Run finishers
 Prizes to adult, child & team who raise the most pledge money
5K AGE GROUPS: 14 & Under to 75 & Over in 5 year Increments

AMENITIES:

- T-shirts guaranteed to all pre-registrants and post registrants while supplies last!
- GOODIE BAG - **Pre-registrants only** - REGISTER EARLY!
- RANDOM PRIZE DRAWINGS

NAME: _____ PHONE: _____
 ADDRESS: _____
 CITY: _____ STATE: _____ ZIP: _____
 E-MAIL: _____ '07 USATF #: _____

SEX (Circle one): Male Female Age (On race day): _____ Date of Birth: _____
 EVENT ENTERED (Check one only): 5K _____ 3K Walk (all ages) _____ Kids' Run (ages 2 - 11) _____

Are you part of a pledge team? _____ **Team Name** _____

Check and circle whichever applies:

_____ \$17.00 (USATF members; by April 23, 2007) - T-shirt	S	M	L	XL
_____ \$20.00 Pre-registration (by April 23, 2007) - T-shirt	S	M	L	XL
_____ \$23.00 After April 23, 2007 and on race day	S	M	L	XL
_____ \$7.00 Kids' Run For Rachel	Youth S	Youth M	Youth L	
_____ \$ Enclosed is an additional donation of _____ (optional)				

Checks Payable to "Rachel Coalition."
Mail to: Run for Rachel, Rachel Coalition, 256 Columbia Turnpike, Florham Park, NJ 07932
 Payment enclosed \$ _____ MC VISA Amex

Acct# _____ Exp. Date _____ Security Code _____

FOR ADDITIONAL INFORMATION CONTACT RUN FOR RACHEL AT (973) 765-9050 ext. 400
 or visit www.rachelcoalition.org

WAIVER/RELEASE
 In consideration of this entry being accepted, I hereby waive and release any claims against Rachel Coalition, the Township of Livingston, the Livingston Board of Education, LMAC, On Your Mark Productions, their staff, officers, volunteers, successors, and assignors for injuries that may be suffered by me in this event. Further, I confirm that I am physically able to participate in this event and grant the right to use my likeness in any photographic record of the Run for Rachel.

Signed _____ Date _____
 Parent/Guardian signature if participant is under 18 years of age.

Metro Race Forum
 Online Registration
www.RACEFORUM.COM



Women's Open 5K Championship