

THE 2006 Fred d'Elia RIDGEWOOD RUN

Memorial Day • May 29th

Memorial Day Monday, May 29th

31st
ANNIVERSARY



2006
FRED D'ELIA
RIDGEWOOD
RUN

www.njmasters.com
(201) 447-9750

Organized by the
NORTH JERSEY MASTERS
Track & Field Club

RACE HOTLINE
(201) 447-9750

WEBSITE
www.NJMasters.com

REGISTER ONLINE
www.Active.com or
www.PracticeHard.com (no service fee)



Platinum Sponsor: PARK AVE BMW



5k = 500 POINTS
10k = 500 POINTS

**No Same-Day
Registration
For The 5K, 10K
or Mile Events**

Please print clearly and fill out completely. Cut along dotted line above and mail back with the entry to: NORTH JERSEY MASTERS, P.O. Box 56, Ridgewood, NJ 07451.

NAME _____		EMAIL _____	
ADDRESS _____		CITY _____	STATE _____ ZIP _____
Race Day Age _____	Date of Birth _____	Sex <input type="checkbox"/> F <input type="checkbox"/> M	2006 USATF NJ # _____ <small>(Required for Grand Prix Points)</small>
Day Phone _____	Evening Phone _____		

No Same-Day Registration For The 5K, 10K or Mile Events!

Event (Please Check all that apply)	Wheelchair Competitor	With 2006 USATF-NJ#	Without USATF-NJ#	Amount Due
5K Race	N/A	<input type="checkbox"/> \$23.00	<input type="checkbox"/> \$25.00	_____
10K Race	<input type="checkbox"/> \$18.00	<input type="checkbox"/> \$23.00	<input type="checkbox"/> \$25.00	_____
Both 5K & 10K Races	N/A	<input type="checkbox"/> \$33.00	<input type="checkbox"/> \$35.00	_____
Elite or Masters Mile (To qualify, see website)			<input type="checkbox"/> \$15.00	_____
Adult T-Shirt Size: <input type="checkbox"/> Small	<input type="checkbox"/> Medium	<input type="checkbox"/> Large	<input type="checkbox"/> X-Large	
Fun Run/Health Walk	<input type="checkbox"/> No Shirt \$5.00	<input type="checkbox"/> With Youth Size Shirt \$13.00		_____
Youth T-Shirt Size: <input type="checkbox"/> X- Small	<input type="checkbox"/> Small	<input type="checkbox"/> Medium	<input type="checkbox"/> Large	
Stroll 'n Roll	<input type="checkbox"/> No Shirt \$5.00	<input type="checkbox"/> With Adult Size Shirt \$13.00		_____
Adult T-Shirt Size: <input type="checkbox"/> Small	<input type="checkbox"/> Medium	<input type="checkbox"/> Large	<input type="checkbox"/> X-Large	
			Total Due	_____

WAIVER: You must sign the waiver below to be accepted and registered!

I know that participating in the Fred d'Elia Ridgewood Run is a potentially hazardous activity. I agree not to enter and participate unless I am medically able and properly trained. I agree to abide by any decision of an event official relative to my ability to safely complete the event. I am voluntarily entering and assume all risks associated with participating in the event, including, but not limited to, falls, contact with other participants, spectators or others, the effect of the weather, including heat and/or humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. I grant to the Medical Director of this event and his designee access to my medical records and physicians, as well as other information, relating to medical care that may be administered to me as a result of my participation in this event. Having read this Waiver and knowing these facts, and in consideration of your acceptance of this application, I, for myself and anyone entitled to act on my behalf, waive and release the North Jersey Masters Track & Field Club (referred to as "NJM"), the NJM Board, the NJM Members, Road Runners Club of America, USA Track & Field-New Jersey, Village of Ridgewood and its agencies and departments, Ridgewood Police Department, Department of Parks and Recreation, Park Ave BMW, Horizon Blue Cross Blue Shield of New Jersey, and any and all sponsors or their representatives and successors or assignees from present and future claims and liabilities of any kind, known or unknown, arising out of my participation in this event or related activities, even though such claim or liability may arise out of negligence or fault on the part of any of the foregoing persons or entities. I grant permission to the foregoing persons and entities to use or authorize others to use any photographs, motion pictures, recordings, or any other record of my participation in this event or related activities for any legitimate purpose without remuneration.

Signature or Signature of parent (if applicant is under 18) _____ DATE _____

2006 Prize Money and Awards

Information: www.njmasters.com

5K

OPEN M/F: 1st \$400, 2nd \$300, 3rd \$200,
4th \$150, 5th \$100, 6th \$75, 7th \$50, 8th \$25

MASTERS M/F: 1st \$100, 2nd \$75, 3rd \$50

Note: DUPLICATES ALLOWED, Breaking Age Group Record: \$50, Breaking Course Record: \$500

10K

OPEN M/F: 1st \$400, 2nd \$300, 3rd \$200,
4th \$150, 5th \$100, 6th \$75, 7th \$50, 8th \$25

MASTERS M/F: 1st \$100, 2nd \$75, 3rd \$50

Note: DUPLICATES ALLOWED, Breaking Age Group Record: \$50, Breaking Course Record: \$500

THE MILE (Elite and Masters)

ELITE and MASTERS (M/F): 1st \$125, 2nd \$100, 3rd \$75

Note: NO DUPLICATES, Breaking Course Record: \$500