

Bergen County Department of Parks and Recreation is pleased to present

# The Inaugural Gilda's Run 15k

and 5k Cancer Survivor's Walk for anyone touched by Cancer

Created by the founders of the Teterboro Airport 5k.

Proceeds to benefit Gilda's Club Northern New Jersey – a community where men, women and children touched by cancer can receive social and emotional support – free of charge.

**Sunday, May 21, 2006**

**Saddle River County Park, Paramus, NJ**

**15K Start – 9 a.m.**

**Walk Start – 8:45 a.m.**

## Registration

6:45 to 8:30 a.m. or online at  
[www.active.com](http://www.active.com)

## Course

USATF certified, beautiful park trail, flat with some rolling hills, mile clocks and water stops

## 15K Entry Fees

\$20 by May 16th (\$18 USATF) or \$25 after May 16th and race day.

## Walk Entry Fee

\$10 by May 16th or \$15 after May 16th  
Please obtain pledge form at [www.gildasclubnnj.org](http://www.gildasclubnnj.org)

## Awards

1st, 2nd & 3rd Overall (male and female) and 5-year Age Groups from 19 and under to 75+.

## Cash Prizes

Open and Masters (male and female) –  
1st – \$250, 2nd – \$150, 3rd – \$100  
plus Random Prize Drawings and Awards for most money raised worth a total of \$1000 (only pre-registrants eligible)

## Amenities

Gilda's Run singlet, ChampionChip scoring by Compuscore, Awesome Refreshments, DJ and children's activities!

## Directions

From the South: Garden State Parkway North to Exit 161, left onto Paramus Road. Race staging will be about 3 miles ahead – follow signs to parking. From the North: Garden State Parkway South to Exit 163 – Route 17 South, exit on Century Road West bound. Right on Paramus Road staging will be about 1.5 miles ahead – follow signs to parking.

## Information

201-457-1670 x14 or 732-381-0318  
[mzrace@oymp.net](mailto:mzrace@oymp.net)

## Results

[www.compuscore.com](http://www.compuscore.com)

Race Direction by

On Your Mark Productions  
[www.oymp.net](http://www.oymp.net)



**prestige**



## Registration Form

Make checks payable to Gilda's Club NNJ and mail with completed application to: OYMP, PO Box 738, Clark, NJ 07066

### Please indicate event entering and applicable fee

- 15k \$20 (on or before 5/16/06)     5k walk \$10 (on or before 5/16/06)  
 15k \$18 (USATF member)         5k walk \$15 (after (5/16/06))  
 15k \$25 (after 5/16/06)

### Waiver/Release

In consideration of this entry being accepted, I hereby waive and release and claims against Gilda's Club Northern New Jersey, Gilda's Club Worldwide, the Township of Paramus, the County of Bergen, Bergen Community College, Prestige Motors, On Your Mark Productions, their staffs, officers, directors, volunteers, sponsors, successors or assigns for injuries that I may suffer in this event. Further, I confirm that I am physically able to participate in this event and grant the right to use my likeness in any photographic record of this event.

Signature (Parent or Guardian if under 18)

Date

First Name

Middle Initial

Last Name

Street Address

City, State, Zip Code

Age on Race Day

Date of Birth

Male     Female

E-mail Address

Phone No.

2006 USATF No.

Shirt Size:     Small     Med     Large     X-Large