

CARDINALS-CEDARBROOK PARK- 5TH ANNUAL 5K RUN & HEALTH WALK

Sponsored by: Lucent Global Days of Caring, New Outlook Pioneers, Elizabethtown Gas Company, Plainfield Department of Recreation, Amaker & Porterfield

WHEN:

Saturday, May 6, 2006

Post Registration 7:45AM
Health Walk & LollipopRun 8:45AM
5K Run 9:30AM

WHERE:

Cedarbrook Park
Park Drive off Park Avenue
Plainfield, NJ

REGISTRATION: Pre-Registration (**before April 30**) \$20.00
 USATF-NJ Pre-Registration \$18.00
 ALL POST-Registration \$25.00
 Lollipop Run (ages 5-8 only) \$ 5.00

PACKET PICKUP: Cedarbrook Park Facilities Building A
(Near Tennis Courts on Park Drive)

AMENITIES: Tee Shirts Guaranteed to first 250 registrants
Refreshments served after the race

AWARDS: CASH awards to top OVERALL male/female RUN winners
1st place-\$100 * 2nd place-\$50 * 3rd place \$25

Top three RUN finishers male/female in each age category will receive a trophy in age groups:
Under 14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over. Top three (only) male or female walkers/lollipop runners will receive a trophy.



COURSE: The Run is sanctioned by USATF and is a Certified 5K Course. It is run on the park paths and connecting roadways through Cedarbrook Park, passed the Shakespeare Gardens and a scenic route down tree lined paths and around the lake.

PARKING: Use the parking areas across from the Facilities Building A – Park Drive

SCORING COMPANY: Compuscore **WEBSITE:** www.meetingsoftheminds.com

CARDINALS-CEDARBROOK PARK 5K RUN & HEALTH WALK ENTRY FORM

This form may be reproduced. Please fill in completely and submit separate forms for each participant. Questions & Race Updates: 908-369-1152. Return entry form and **check payable to: SBYS:PTPP, Inc. 207 Long Hill Road, Hillsborough, NJ 08844**

CIRCLE EVENT: 5K Run Health Walk Lollipop Run

Last Name	First Name	Sex
Street Address	E-Mail Address	
City	State	Zip
Telephone #	Age	Birthdate
	USATF-NJ#	(T-shirt) M L XL 1X 2X

WAIVER:

I am physically able and properly trained to participate in this race. In consideration of the acceptance of my application, I, my heirs, executor, successor and assigns do hereby acquit and forever discharge the County of Union, City of Plainfield, Department of Recreation, USATF-NJ, Meetings of the Minds, event sponsors, agents, and persons involved in the promoting of this race from any and all claims, causes of action, demands, rights, damages, costs, loss of service, expenses and compensation which I may hereafter accrue or in unforeseen damage and consequences resulting or to result from my participation in the Cardinals Cedarbrook Park 5K Run/Walk, held Saturday, May 6, 2006 in Plainfield, NJ. I also give my permission for the use of my name and/or picture in any newspaper, broadcast, telecast or other account of this event.

Signature: _____ Date: _____