

LOCATION: Borough Hall, Roselle, NJ

SCHEDULE

- 4-5:45pm Registration
- 5:00pm Karate demonstration
- 5:30 pm 1 Mile Fun Run/Walk
- 6:00pm 5K Start
- 5-7:30pm Antique Car Show

REGISTRATION

By mail or online at www.practicehard.com

ENTRY FEES

- 5K** by June 6 \$15.
- USATF-NJ \$12.
- after June 6 \$18. and on race day
- 1 Mile** \$10.

COURSE

5K- Mostly flat through residential neighborhoods. USATF certified. Clocks at each mile. Water stops. Summer night fire truck spray. 500 point Grand Prix event.

AWARDS

- 5K** 1, 2, 3 Overall, M & F and age groups.
- 1st Firefighter, 1st Police Officer.
- 1st Roselle Resident, Male and Female.
- 1st open team, 1st Jr. ROTC team.

Ribbons to all finishers in 1 Mile Fun Run/Walk

AMENITIES

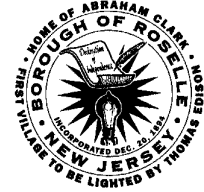
Buffet supper by Sphinx, random prize drawing, DJ, Roselle 21st Century T-Shirt to all pre- registrants and post -registrants while supplies last. . Gifts from Penguin Books. Results by www.CompuScore.com

DIRECTIONS

Garden State Parkway North or South to Exit 137. Left turn onto Westfield Avenue. Right onto Locust Street. Follow race signs.

Checks payable to Borough of Roselle
Mail to Chief R. Hill, Roselle Fire HQ, 725 Chestnut St, Roselle, NJ 07203

6TH ANNUAL ROSELLE 21ST CENTURY 5K & 1 MILE FUN RUN/WALK Sunday, June 12, 2005



732.381.0318
www.OYMP.net
mzrace@OYMP.net



			Entry Fees(please check)	
last name		first name	<input type="radio"/> 5K \$15. by 6/6	
			<input type="radio"/> 5K \$12. USATF	
street		city	<input type="radio"/> 5K \$18. after 6/6 and race day	
			<input type="radio"/> 1 Mile Fun Run/Walk \$10.	
state	zip	phone	Team Name	
			<input type="radio"/> OPEN	
			<input type="radio"/> ROTC	
date of birth		age on race day	Teams must pre-register by 6/01/05 Send all team apps together.	
		2005 USATF#	T-Shirt Size(please check)	
email		sex	<input type="radio"/> OM <input type="radio"/> OL <input type="radio"/> OXL	
Waiver/ Release: In consideration of this entry being accepted, I hereby for myself, heirs, executors, & administrators waive & release any claims I may have against The Borough of Roselle, The Roselle Chamber of Commerce, On Your Mark Productions, Sphinx Restaurant, USATF, USATF-NJ, their staff, officer, volunteers, successors and assigns for any and all injuries that may be suffered by me in this event. Further, I state that I am physically able to participate and grant the right to use my likeness in any photographic record of the Roselle 21st Century 5K.				
signature		date	signature of parent if under 18	